1  
00:00:01,960 --> 00:00:03,560  
好，各位师友同仁  
  
2  
00:00:03,640 --> 00:00:04,400  
各位同学们  
  
3  
00:00:04,960 --> 00:00:07,480  
咱们继续金匮要略的学习  
  
4  
00:00:08,550 --> 00:00:09,270  
上堂课呢  
  
5  
00:00:09,310 --> 00:00:13,230  
我们讲到了呕吐雪夏利这一章的开头啊  
  
6  
00:00:13,550 --> 00:00:15,630  
咱们计划三次课把它说完  
  
7  
00:00:16,500 --> 00:00:17,100  
这回呢  
  
8  
00:00:17,100 --> 00:00:18,980  
我们接上次的条文  
  
9  
00:00:19,020 --> 00:00:22,830  
往后说到了第16条啊  
  
10  
00:00:24,210 --> 00:00:26,370  
第16条讲了这么一个问题  
  
11  
00:00:26,970 --> 00:00:28,210  
胃反呕吐者  
  
12  
00:00:29,050 --> 00:00:33,500  
大半夏汤主之条纹非常的简约  
  
13  
00:00:35,450 --> 00:00:36,450  
从条文看呢  
  
14  
00:00:37,010 --> 00:00:40,210  
就说了四个字，叫胃反呕吐  
  
15  
00:00:42,380 --> 00:00:43,740  
胃反是个病名啊  
  
16  
00:00:43,860 --> 00:00:46,620  
那么它的特点就是呕吐，不止  
  
17  
00:00:47,700 --> 00:00:48,380  
用方呢  
  
18  
00:00:48,940 --> 00:00:50,340  
为大半夏汤  
  
19  
00:00:51,140 --> 00:00:53,140  
这张方在咱们临床上呢  
  
20  
00:00:53,140 --> 00:00:56,540  
是一张非常常用的经典处方啊  
  
21  
00:00:56,980 --> 00:00:58,060  
那么几乎呢  
  
22  
00:00:58,580 --> 00:01:01,190  
我们说每周出诊啊  
  
23  
00:01:01,790 --> 00:01:06,120  
那么都会涉及到这张厨房的应用啊  
  
24  
00:01:06,200 --> 00:01:09,360  
几乎每周都用到一回甚至一回以上  
  
25  
00:01:10,080 --> 00:01:13,290  
它所对峙的病症特点啊  
  
26  
00:01:13,290 --> 00:01:14,890  
那么非常简单，就是呕吐  
  
27  
00:01:15,890 --> 00:01:17,730  
那有同学可能觉得  
  
28  
00:01:18,830 --> 00:01:20,230  
咱们讲呕吐这一章  
  
29  
00:01:20,230 --> 00:01:21,990  
呕吐的内容可多了  
  
30  
00:01:22,590 --> 00:01:23,790  
小柴胡对吧  
  
31  
00:01:23,790 --> 00:01:26,150  
小半夏汤也吐等等啊那么多  
  
32  
00:01:26,630 --> 00:01:27,950  
那它的特点在哪  
  
33  
00:01:27,950 --> 00:01:28,390  
儿呢  
  
34  
00:01:29,960 --> 00:01:32,120  
在临床中要抓住一个特征  
  
35  
00:01:32,920 --> 00:01:34,640  
大半夏汤的呕吐啊  
  
36  
00:01:35,520 --> 00:01:41,210  
那么它的特点往往在我们临床中观察是呕吐不止的  
  
37  
00:01:42,220 --> 00:01:42,420  
呃  
  
38  
00:01:42,460 --> 00:01:44,660  
但凡所谓呕吐不止的方呢  
  
39  
00:01:45,140 --> 00:01:48,140  
在仲景先师的临证体系之中啊  
  
40  
00:01:48,140 --> 00:01:50,810  
伤寒、金匮两书之中最常用的啊  
  
41  
00:01:51,010 --> 00:01:53,530  
那么有三张，这是其中一张  
  
42  
00:01:54,170 --> 00:01:54,370  
呃  
  
43  
00:01:54,450 --> 00:01:56,950  
三张方，我们一会儿呢  
  
44  
00:01:56,950 --> 00:01:59,030  
就给大家都能对照一下啊  
  
45  
00:01:59,030 --> 00:01:59,990  
这是其中一张  
  
46  
00:02:00,660 --> 00:02:03,100  
那么他这三张方的特征啊  
  
47  
00:02:03,100 --> 00:02:05,380  
所治疗的呕吐都是这个人呢  
  
48  
00:02:05,820 --> 00:02:08,860  
吃下去饭之后，没一会儿就要吐  
  
49  
00:02:09,419 --> 00:02:12,260  
而且一天之内呢，可能要吐很多很多回  
  
50  
00:02:12,660 --> 00:02:13,660  
我们说对症治疗  
  
51  
00:02:14,060 --> 00:02:17,370  
那么往往是以这三张方为开头的啊  
  
52  
00:02:17,370 --> 00:02:18,250  
那么呃  
  
53  
00:02:18,290 --> 00:02:23,170  
往往我们说吃了饭之后就吐的这种状态  
  
54  
00:02:23,690 --> 00:02:27,490  
一般他的原因到底是什么  
  
55  
00:02:28,290 --> 00:02:32,610  
在临床中可能在很多病症中都能够涉及到  
  
56  
00:02:33,190 --> 00:02:34,110  
比较常见的  
  
57  
00:02:34,110 --> 00:02:36,030  
我现在举两个例子啊  
  
58  
00:02:36,070 --> 00:02:40,280  
那么在临床中高频出现的两个例子一呢  
  
59  
00:02:40,520 --> 00:02:42,480  
那么就是所谓肿瘤患者  
  
60  
00:02:42,520 --> 00:02:46,340  
我们说在放化疗过程之中，那么出现呕吐  
  
61  
00:02:46,340 --> 00:02:48,180  
这个是比较常见的啊  
  
62  
00:02:48,620 --> 00:02:48,820  
呃  
  
63  
00:02:48,820 --> 00:02:49,580  
很多时候  
  
64  
00:02:50,730 --> 00:02:52,410  
呃呕吐频度比较高  
  
65  
00:02:52,960 --> 00:02:56,840  
就像我们上次课给大家分享的这个病案，对吧  
  
66  
00:02:56,840 --> 00:02:58,200  
24小时的呕吐啊  
  
67  
00:02:58,560 --> 00:02:59,480  
它不能吃东西  
  
68  
00:02:59,760 --> 00:03:02,020  
吃下去之后马上就要反出来啊  
  
69  
00:03:02,820 --> 00:03:03,980  
那么还有一种呢  
  
70  
00:03:04,380 --> 00:03:07,420  
呃，临床中也是比较常见  
  
71  
00:03:07,820 --> 00:03:11,180  
比如说胰腺类的肿瘤占位啊  
  
72  
00:03:11,260 --> 00:03:12,580  
他没有经过放化疗  
  
73  
00:03:12,660 --> 00:03:16,060  
依然会有非常明显的持续的呕吐症状  
  
74  
00:03:16,340 --> 00:03:17,060  
比如胰头癌  
  
75  
00:03:17,140 --> 00:03:19,340  
咱们现在门诊有这样的患者，对吧  
  
76  
00:03:19,690 --> 00:03:19,890  
呃  
  
77  
00:03:19,930 --> 00:03:21,090  
胰腺癌等等  
  
78  
00:03:21,690 --> 00:03:25,730  
那么它都经常会以这种呕吐为特征啊  
  
79  
00:03:26,190 --> 00:03:28,430  
在某个阶段性治疗的时候  
  
80  
00:03:28,670 --> 00:03:32,680  
那么这一类的治疗所谓未反的类方  
  
81  
00:03:33,280 --> 00:03:35,360  
那么你就要斟酌应用  
  
82  
00:03:36,470 --> 00:03:39,590  
大半夏汤呢，是一张非常有特点啊  
  
83  
00:03:39,590 --> 00:03:42,550  
而且非常有性格的这么一张方  
  
84  
00:03:43,490 --> 00:03:43,970  
为什么呢  
  
85  
00:03:43,970 --> 00:03:45,250  
从它的组成上啊  
  
86  
00:03:45,330 --> 00:03:50,160  
你就呃能看出来，他是以半夏为主要呃  
  
87  
00:03:50,360 --> 00:03:52,560  
所区别于小半夏汤的特点呢  
  
88  
00:03:52,840 --> 00:03:55,520  
它其中是没有用姜啊  
  
89  
00:03:55,600 --> 00:03:56,880  
生干姜它都没用  
  
90  
00:03:57,560 --> 00:03:57,760  
呃  
  
91  
00:03:57,760 --> 00:03:59,320  
那么它的组方啊  
  
92  
00:03:59,400 --> 00:04:03,720  
那么半夏人参和白蜜这个白蜜呢  
  
93  
00:04:03,720 --> 00:04:09,930  
实际上就是我们说的蜂蜜就是蜂蜜三味药  
  
94  
00:04:18,839 --> 00:04:19,360  
三位啊  
  
95  
00:04:20,079 --> 00:04:25,490  
半夏这个作用非常的明确了啊  
  
96  
00:04:26,090 --> 00:04:27,490  
他就是降低的  
  
97  
00:04:28,830 --> 00:04:29,950  
人参干什么呢  
  
98  
00:04:31,350 --> 00:04:32,390  
补虚啊  
  
99  
00:04:33,230 --> 00:04:40,400  
补虚还有密密呢  
  
100  
00:04:42,200 --> 00:04:45,680  
就是润燥啊  
  
101  
00:04:49,340 --> 00:04:52,980  
补这个啊，补虚这个相对来说呢  
  
102  
00:04:52,980 --> 00:04:56,230  
我们说偏于阳阳分啊  
  
103  
00:04:56,670 --> 00:04:59,110  
这是我个人理解的那么密呢  
  
104  
00:04:59,550 --> 00:05:00,990  
他更倾向于阴森  
  
105  
00:05:03,050 --> 00:05:05,130  
因此我们发现了一个问题  
  
106  
00:05:05,770 --> 00:05:08,530  
大半夏汤它所治疗的胃反呕吐  
  
107  
00:05:08,730 --> 00:05:11,570  
虽然仲景先师言简意赅，戛然而止  
  
108  
00:05:12,810 --> 00:05:14,410  
但是你从方上来看啊  
  
109  
00:05:14,930 --> 00:05:17,290  
那么他已经表述的非常明确了  
  
110  
00:05:17,850 --> 00:05:22,310  
大半夏汤这种违反呕吐突出的就是一个字  
  
111  
00:05:22,950 --> 00:05:23,990  
虚啊  
  
112  
00:05:26,980 --> 00:05:28,620  
你甭管是阴分还是养分  
  
113  
00:05:29,500 --> 00:05:31,060  
它突出的就是一个字  
  
114  
00:05:32,010 --> 00:05:33,570  
虚，哪儿虚  
  
115  
00:05:34,130 --> 00:05:36,210  
阴阳都虚啊  
  
116  
00:05:36,290 --> 00:05:37,650  
用古人的说法呢  
  
117  
00:05:38,530 --> 00:05:40,250  
那非常简单啊  
  
118  
00:05:40,570 --> 00:05:42,370  
脾阴不如未阳失降  
  
119  
00:05:43,010 --> 00:05:46,570  
你看脾阴和胃，阳都不足啊  
  
120  
00:05:46,570 --> 00:05:50,170  
我们说脾仪本身，它阴为用为五脏啊  
  
121  
00:05:50,250 --> 00:05:52,220  
为阳为用，为六腑  
  
122  
00:05:52,620 --> 00:05:54,060  
那么阴和阳现在都虚  
  
123  
00:05:54,620 --> 00:05:57,020  
这样的人在临床中非常好识别  
  
124  
00:05:58,970 --> 00:06:00,650  
脉象一锤定音对吧  
  
125  
00:06:01,450 --> 00:06:02,050  
呕吐不止  
  
126  
00:06:02,050 --> 00:06:04,250  
那么你一搭脉，整个脉呢  
  
127  
00:06:04,370 --> 00:06:06,350  
一派微弱之象啊  
  
128  
00:06:06,350 --> 00:06:07,350  
非常的虚弱  
  
129  
00:06:07,630 --> 00:06:08,590  
那么这个时候呢  
  
130  
00:06:09,110 --> 00:06:11,470  
这个人明显虽然阴阳都虚  
  
131  
00:06:11,830 --> 00:06:15,630  
但是相对其他两个胃反汤症来说  
  
132  
00:06:15,670 --> 00:06:18,110  
它还是偏于阳虚一点啊  
  
133  
00:06:18,190 --> 00:06:19,350  
多一点，呃  
  
134  
00:06:19,350 --> 00:06:19,910  
因此呢  
  
135  
00:06:19,910 --> 00:06:22,230  
人参和蜜这个一起用  
  
136  
00:06:23,360 --> 00:06:24,880  
呃，那么与此同时呢  
  
137  
00:06:24,880 --> 00:06:26,040  
他的人参剂量啊  
  
138  
00:06:26,560 --> 00:06:30,570  
在伤寒论中是三两，呃三两呢  
  
139  
00:06:30,610 --> 00:06:33,930  
如果按照汉代剂量推算  
  
140  
00:06:34,480 --> 00:06:36,760  
呃氪佬的推算是15.625  
  
141  
00:06:37,120 --> 00:06:41,320  
那么根据最新比较前沿的考证大概是13多  
  
142  
00:06:41,480 --> 00:06:44,650  
那么我们取一个综合的约束  
  
143  
00:06:45,330 --> 00:06:47,530  
那么就是呃，大概呢  
  
144  
00:06:48,940 --> 00:06:51,140  
40克以上啊  
  
145  
00:06:51,180 --> 00:06:53,380  
这个是我本人应用的一个剂量  
  
146  
00:06:53,700 --> 00:06:56,620  
如果是碰到这种特别虚劳的未反啊  
  
147  
00:06:56,900 --> 00:07:00,240  
那么人参这个时候需要用到40啊  
  
148  
00:07:00,320 --> 00:07:03,320  
那么这个是呃一个基本量  
  
149  
00:07:03,760 --> 00:07:04,720  
呃，半夏呢  
  
150  
00:07:04,840 --> 00:07:08,360  
那么这个时候你少于30他就没啥用  
  
151  
00:07:08,660 --> 00:07:11,220  
肯定是要30起啊，往上  
  
152  
00:07:11,540 --> 00:07:13,380  
那么根据情况啊，60  
  
153  
00:07:13,540 --> 00:07:13,980  
70  
  
154  
00:07:13,980 --> 00:07:17,100  
甚至咱们说根据脉证啊，更高  
  
155  
00:07:17,670 --> 00:07:21,270  
呃，很多时候这个方往往是一计奏效啊  
  
156  
00:07:21,310 --> 00:07:22,870  
往往就是一剂就取消  
  
157  
00:07:24,020 --> 00:07:27,160  
它这个里头有一个好玩的地方啊  
  
158  
00:07:27,160 --> 00:07:28,960  
就是一个取巧的地方  
  
159  
00:07:29,400 --> 00:07:30,880  
就是它的这个密啊  
  
160  
00:07:30,880 --> 00:07:33,760  
大家可能观察到一个有意思的现象  
  
161  
00:07:34,470 --> 00:07:35,230  
它的密呢  
  
162  
00:07:35,430 --> 00:07:39,090  
并不是直接进入唐基建筑啊  
  
163  
00:07:39,090 --> 00:07:41,290  
这个一点是非常有意思的啊  
  
164  
00:07:41,290 --> 00:07:44,370  
那我们今天在临床上用到蜜的时候  
  
165  
00:07:44,370 --> 00:07:47,140  
多数呢，都是告诉患者对服啊  
  
166  
00:07:47,260 --> 00:07:48,060  
原因很简单  
  
167  
00:07:48,100 --> 00:07:51,540  
我们说从现代科学的角度  
  
168  
00:07:52,020 --> 00:07:53,900  
那么蜜经过加热之后呢  
  
169  
00:07:54,340 --> 00:07:55,700  
它很多有效成分呢  
  
170  
00:07:55,740 --> 00:07:57,740  
那么就挥发分解了啊  
  
171  
00:07:57,820 --> 00:08:01,160  
所以说往往效果不理想  
  
172  
00:08:01,440 --> 00:08:03,120  
但是古人他的用法  
  
173  
00:08:03,160 --> 00:08:07,040  
实际上显然比我们说直接兑进去要高明啊  
  
174  
00:08:07,120 --> 00:08:08,440  
古人是用什么办法呢  
  
175  
00:08:08,440 --> 00:08:09,240  
我们看一下啊  
  
176  
00:08:09,480 --> 00:08:10,880  
这个非常耐人寻味  
  
177  
00:08:11,760 --> 00:08:13,760  
何密，他是这个上三位  
  
178  
00:08:15,040 --> 00:08:16,680  
以水一斗2L啊  
  
179  
00:08:16,760 --> 00:08:20,480  
那么用水浸泡之后，和蜜是吧  
  
180  
00:08:20,840 --> 00:08:23,400  
把蜜放进去之后，阳之  
  
181  
00:08:26,020 --> 00:08:29,260  
这个240遍  
  
182  
00:08:31,060 --> 00:08:31,660  
你看啊  
  
183  
00:08:32,900 --> 00:08:35,140  
这个就有意思了啊  
  
184  
00:08:36,539 --> 00:08:39,179  
和和在一起之后，把密和在里头吧  
  
185  
00:08:39,870 --> 00:08:41,070  
然后把那个密瓤  
  
186  
00:08:41,549 --> 00:08:45,590  
就是，就跟咱们之前取这个橄榄水还记得吧  
  
187  
00:08:45,990 --> 00:08:47,630  
哎呃，临桂甘枣汤啊  
  
188  
00:08:47,630 --> 00:08:49,750  
咱们取这橄榄水差不多啊  
  
189  
00:08:50,150 --> 00:08:52,730  
用水瓤，而且嚷多少遍呢  
  
190  
00:08:53,090 --> 00:08:55,730  
他有数哈，叫240遍  
  
191  
00:08:56,170 --> 00:08:58,650  
那么每次一讲到这个位置呢  
  
192  
00:08:59,130 --> 00:09:00,490  
呃，我都不太敢讲啊  
  
193  
00:09:00,490 --> 00:09:01,330  
原因很简单  
  
194  
00:09:01,410 --> 00:09:02,850  
这玩意有时候老挨骂  
  
195  
00:09:02,890 --> 00:09:04,210  
咱也咱也不愿意听啊  
  
196  
00:09:04,210 --> 00:09:05,090  
也受不了  
  
197  
00:09:05,420 --> 00:09:05,620  
嗯  
  
198  
00:09:05,700 --> 00:09:07,420  
但是这个东西没办法  
  
199  
00:09:07,420 --> 00:09:08,660  
古人就这么说的嘛  
  
200  
00:09:08,700 --> 00:09:09,900  
那你看咋办啊  
  
201  
00:09:09,900 --> 00:09:10,820  
那古人这么说的  
  
202  
00:09:10,820 --> 00:09:14,880  
咱咱就你要想理论，你找古人去吧  
  
203  
00:09:14,920 --> 00:09:15,240  
对吧  
  
204  
00:09:15,240 --> 00:09:17,480  
那这这东西古人说的没办法啊  
  
205  
00:09:18,250 --> 00:09:20,090  
呃，那么我解释一下啊  
  
206  
00:09:20,090 --> 00:09:21,290  
古人为什么这么说  
  
207  
00:09:21,290 --> 00:09:22,370  
这个就有意思了啊  
  
208  
00:09:22,850 --> 00:09:23,930  
关于这个说法呢  
  
209  
00:09:23,930 --> 00:09:26,010  
实际上你看历代医家的解释  
  
210  
00:09:26,520 --> 00:09:28,600  
呃，说法林林种种  
  
211  
00:09:29,310 --> 00:09:31,950  
我在看的时候呢，也有一种感慨啊  
  
212  
00:09:32,110 --> 00:09:33,510  
很可能古人啊  
  
213  
00:09:33,670 --> 00:09:37,030  
他这个有的时候真实想法呀  
  
214  
00:09:37,070 --> 00:09:40,670  
在这个位置他不太敢轻易外漏的啊  
  
215  
00:09:40,910 --> 00:09:42,430  
其实道理非常简单啊  
  
216  
00:09:42,430 --> 00:09:44,350  
我一说大家就明白了啊  
  
217  
00:09:46,050 --> 00:09:48,410  
240其实就是一个数学题啊  
  
218  
00:09:48,410 --> 00:09:50,250  
咱们都会算240是啥呢  
  
219  
00:09:50,960 --> 00:09:52,040  
你看有两种解释  
  
220  
00:09:52,040 --> 00:09:53,680  
一个叫462 14是吧  
  
221  
00:09:53,840 --> 00:09:57,580  
这小学数学三年级以下咱都会啊  
  
222  
00:09:57,980 --> 00:09:59,700  
还有一种叫3824  
  
223  
00:10:00,890 --> 00:10:03,810  
你看他这个就不是四六，是三八  
  
224  
00:10:04,170 --> 00:10:04,730  
为什么啊  
  
225  
00:10:05,130 --> 00:10:06,890  
天三生木，地八成之  
  
226  
00:10:07,290 --> 00:10:08,690  
为什么取一个目数  
  
227  
00:10:08,810 --> 00:10:09,730  
原因很简单  
  
228  
00:10:09,890 --> 00:10:11,010  
密夺逆啊  
  
229  
00:10:12,040 --> 00:10:13,080  
这个大家明白了吧  
  
230  
00:10:13,800 --> 00:10:14,760  
哎，木呢  
  
231  
00:10:14,920 --> 00:10:16,680  
虽然说它能克土  
  
232  
00:10:17,560 --> 00:10:20,080  
但是从另一个角度你来看  
  
233  
00:10:20,680 --> 00:10:22,400  
没有木质疏泄  
  
234  
00:10:23,190 --> 00:10:24,710  
土呢，则难以流通  
  
235  
00:10:25,110 --> 00:10:26,230  
现在这个时候呢  
  
236  
00:10:26,390 --> 00:10:27,270  
病在脾胃  
  
237  
00:10:28,070 --> 00:10:30,230  
我们用蜜去滋脾胃  
  
238  
00:10:30,720 --> 00:10:33,040  
那么蜜以肝胃为主，对吧  
  
239  
00:10:33,280 --> 00:10:34,360  
以肝去滋脾  
  
240  
00:10:34,440 --> 00:10:36,640  
这个是千真万确的，没有问题  
  
241  
00:10:36,930 --> 00:10:39,490  
但是欲为了预防其滋腻  
  
242  
00:10:40,130 --> 00:10:42,690  
则以水壤之取木之象  
  
243  
00:10:44,330 --> 00:10:45,450  
那么大家听懂了吧  
  
244  
00:10:46,130 --> 00:10:48,250  
哎，以通其脾胃  
  
245  
00:10:48,770 --> 00:10:50,650  
那么虽然用以肝药  
  
246  
00:10:50,890 --> 00:10:51,890  
但是取义呢  
  
247  
00:10:52,290 --> 00:10:54,290  
不取其拥堵之意  
  
248  
00:10:54,730 --> 00:10:58,570  
而取其流通之意，乃古人之意也啊  
  
249  
00:10:58,610 --> 00:10:59,490  
就这么简单  
  
250  
00:11:00,010 --> 00:11:02,530  
呃，其实真东西往往讲出来呢  
  
251  
00:11:02,530 --> 00:11:04,890  
一言两语便通玄啊  
  
252  
00:11:04,930 --> 00:11:06,890  
一句话两句话就说清了  
  
253  
00:11:06,970 --> 00:11:09,560  
不用那么复杂啊，呃  
  
254  
00:11:10,720 --> 00:11:11,600  
只是古人啊  
  
255  
00:11:11,680 --> 00:11:12,400  
他也怕了  
  
256  
00:11:12,400 --> 00:11:14,920  
有些东西他也，他不是说他特意要保守  
  
257  
00:11:15,430 --> 00:11:19,310  
呃，你要看古代不同的历史时代和背景  
  
258  
00:11:19,470 --> 00:11:20,950  
有的时候也没办法啊  
  
259  
00:11:21,630 --> 00:11:23,910  
所以他不会轻易的给你这么讲  
  
260  
00:11:26,900 --> 00:11:29,220  
那么这个里头就这段呢  
  
261  
00:11:29,220 --> 00:11:30,980  
就这么说的啊  
  
262  
00:11:31,600 --> 00:11:32,720  
去其滋腻  
  
263  
00:11:33,360 --> 00:11:35,160  
那么你去其滋腻之后呢  
  
264  
00:11:35,520 --> 00:11:38,990  
就能保留它干润之性啊  
  
265  
00:11:39,070 --> 00:11:41,430  
用来滋润脾胃  
  
266  
00:11:42,630 --> 00:11:43,790  
这张大半夏汤  
  
267  
00:11:45,160 --> 00:11:47,120  
道理就在于此  
  
268  
00:11:49,030 --> 00:11:51,830  
这个是一个很经典的唐记  
  
269  
00:11:53,410 --> 00:11:55,770  
经常呢，咱们在临床上只要看到这个患者呢  
  
270  
00:11:55,770 --> 00:11:57,140  
脾胃虚弱啊  
  
271  
00:11:57,180 --> 00:12:00,380  
或者相对来说偏于寒化的这种呕吐  
  
272  
00:12:00,620 --> 00:12:02,180  
我们都是首当其冲的  
  
273  
00:12:02,180 --> 00:12:07,370  
以大半夏汤作为主剂来加以治疗啊  
  
274  
00:12:08,860 --> 00:12:11,980  
下头第17条是他的一个姊妹篇  
  
275  
00:12:12,300 --> 00:12:14,300  
同样呢，制的也是这种  
  
276  
00:12:16,740 --> 00:12:17,180  
呕吐  
  
277  
00:12:18,280 --> 00:12:19,280  
而且这个呕吐呢  
  
278  
00:12:19,280 --> 00:12:20,640  
他说的非常明确啊  
  
279  
00:12:20,680 --> 00:12:21,960  
叫食蚁继兔  
  
280  
00:12:22,880 --> 00:12:23,600  
食蚁鸡兔呢  
  
281  
00:12:23,600 --> 00:12:26,580  
我个人认为也是未反的一种啊  
  
282  
00:12:26,580 --> 00:12:29,220  
也是违反的一种叫法，不同而已  
  
283  
00:12:30,530 --> 00:12:32,050  
那么这个食蚁棘痛呢  
  
284  
00:12:32,050 --> 00:12:34,650  
我们从它的方上来看啊  
  
285  
00:12:34,650 --> 00:12:36,930  
用了两味药带黄甘草汤  
  
286  
00:12:37,630 --> 00:12:39,750  
那么所谓蛋黄甘草汤，你看一下啊  
  
287  
00:12:40,150 --> 00:12:42,990  
他不就是调味成气汤去芒硝吗  
  
288  
00:12:43,470 --> 00:12:43,910  
是吧  
  
289  
00:12:44,320 --> 00:12:44,520  
呃  
  
290  
00:12:44,520 --> 00:12:48,000  
我们经常讲叫六经本一经六七本，一气伤寒论啊  
  
291  
00:12:48,500 --> 00:12:50,980  
有一个很有意思的读法  
  
292  
00:12:51,020 --> 00:12:53,260  
那么就是很多方，其实你对照起来之后  
  
293  
00:12:53,710 --> 00:13:01,380  
你能从中间看到一个很清晰的方剂加减变化的脉络啊  
  
294  
00:13:01,380 --> 00:13:02,100  
这个脉络呢  
  
295  
00:13:02,100 --> 00:13:02,820  
非常清晰  
  
296  
00:13:03,540 --> 00:13:05,180  
调味承气汤把芒硝去掉  
  
297  
00:13:05,620 --> 00:13:08,230  
那么为什么这么用  
  
298  
00:13:08,270 --> 00:13:12,190  
我们就上次提过，启玄子王冰  
  
299  
00:13:12,590 --> 00:13:15,590  
他曾经说过一句话叫食入即土  
  
300  
00:13:15,750 --> 00:13:17,510  
是有火也啊  
  
301  
00:13:17,510 --> 00:13:19,790  
本身火邪的这个驱动  
  
302  
00:13:20,270 --> 00:13:21,550  
因此这个呢  
  
303  
00:13:22,350 --> 00:13:23,310  
他说的很简单  
  
304  
00:13:23,710 --> 00:13:24,870  
就是胃火不降  
  
305  
00:13:27,220 --> 00:13:29,780  
因为火呀，在中间造成什么呢  
  
306  
00:13:29,780 --> 00:13:33,380  
胃气不降，我们推而广之啊  
  
307  
00:13:34,640 --> 00:13:35,680  
很多时候呕吐  
  
308  
00:13:35,760 --> 00:13:39,800  
如果你你说大半夏汤的呕吐为阳虚之寒膈  
  
309  
00:13:41,010 --> 00:13:42,210  
那么这个就叫啥呢  
  
310  
00:13:42,210 --> 00:13:43,010  
这叫热格  
  
311  
00:13:43,370 --> 00:13:44,530  
咱们经常讲叫格距  
  
312  
00:13:44,530 --> 00:13:45,450  
格距嘛，对吧  
  
313  
00:13:46,270 --> 00:13:47,590  
这两个字  
  
314  
00:13:48,990 --> 00:13:49,550  
热格  
  
315  
00:13:50,670 --> 00:13:52,630  
如果为热气所割据  
  
316  
00:13:53,330 --> 00:13:56,090  
发生的呕吐也是食以及吐的话  
  
317  
00:13:56,570 --> 00:14:00,290  
那么则当以带黄甘草汤为对质啊  
  
318  
00:14:00,330 --> 00:14:03,040  
这是他的一个基本的框架  
  
319  
00:14:03,910 --> 00:14:05,470  
至真要大论呢，也说过一句话  
  
320  
00:14:05,470 --> 00:14:07,870  
叫诸逆冲上皆属于火啊  
  
321  
00:14:08,590 --> 00:14:10,550  
那么因此解决这个火怎么办  
  
322  
00:14:11,490 --> 00:14:12,090  
带黄呢  
  
323  
00:14:12,090 --> 00:14:15,010  
本身以夏大热，甘草以和胃  
  
324  
00:14:16,020 --> 00:14:16,700  
这两味药  
  
325  
00:14:17,540 --> 00:14:21,180  
去掉了芒硝治咸寒啊  
  
326  
00:14:21,220 --> 00:14:22,260  
软坚的作用  
  
327  
00:14:22,980 --> 00:14:23,900  
以这两个呢  
  
328  
00:14:23,900 --> 00:14:25,580  
一个去通府啊  
  
329  
00:14:26,060 --> 00:14:28,540  
一个把位，这个定位  
  
330  
00:14:28,840 --> 00:14:30,240  
古人汉代人用方呢  
  
331  
00:14:30,240 --> 00:14:31,120  
经常是这样啊  
  
332  
00:14:31,120 --> 00:14:32,840  
一个药他具体干什么  
  
333  
00:14:32,840 --> 00:14:34,040  
另一个要把位置定准  
  
334  
00:14:34,520 --> 00:14:35,680  
其实你细想啊  
  
335  
00:14:36,000 --> 00:14:38,440  
这不就是精致制导导弹的思维吗  
  
336  
00:14:38,440 --> 00:14:38,680  
对吧  
  
337  
00:14:38,680 --> 00:14:40,160  
古人的靶向思维啊  
  
338  
00:14:40,160 --> 00:14:42,190  
就像这个所说，桔梗汤啊  
  
339  
00:14:42,190 --> 00:14:44,310  
桔梗去去定位甘草去泄热  
  
340  
00:14:44,710 --> 00:14:46,750  
那么两味药一搭配非常简单啊  
  
341  
00:14:46,830 --> 00:14:49,850  
很多时候伤寒论中两味药的组合  
  
342  
00:14:50,330 --> 00:14:53,770  
它的这个要干什么都是非常非常明确的啊  
  
343  
00:14:54,490 --> 00:14:55,450  
所以有的时候呢  
  
344  
00:14:56,490 --> 00:14:57,650  
我读一些书啊  
  
345  
00:14:58,110 --> 00:14:59,470  
有一回也特别感慨  
  
346  
00:14:59,510 --> 00:15:00,510  
读到一本书啊  
  
347  
00:15:00,590 --> 00:15:01,870  
这书名我忘了  
  
348  
00:15:02,110 --> 00:15:05,990  
大概意思就是说这个破解伤寒论秘密之后  
  
349  
00:15:06,270 --> 00:15:10,540  
我一看这个我就呃，忍不住就笑了  
  
350  
00:15:10,970 --> 00:15:11,130  
呃  
  
351  
00:15:11,130 --> 00:15:12,530  
我跟我学生们说过一句话  
  
352  
00:15:13,010 --> 00:15:15,290  
如果伤寒论还有秘密  
  
353  
00:15:15,810 --> 00:15:18,690  
那就是说明你读的遍数还不够多  
  
354  
00:15:19,640 --> 00:15:22,880  
当你已经真的就是烂熟于胸的时候  
  
355  
00:15:22,880 --> 00:15:25,360  
虽然你不明白啊，那么一些名词  
  
356  
00:15:25,560 --> 00:15:27,080  
一些定义，一些示法  
  
357  
00:15:28,080 --> 00:15:30,810  
但是就跟你自己的手指头一样啊  
  
358  
00:15:30,810 --> 00:15:33,450  
你还说那你能不了解你手吗  
  
359  
00:15:33,530 --> 00:15:33,890  
对吧  
  
360  
00:15:34,290 --> 00:15:38,590  
你也可以从某个专家高大上的某个层面和视角上来说  
  
361  
00:15:38,590 --> 00:15:40,110  
可能我们不了解对吧  
  
362  
00:15:40,110 --> 00:15:42,310  
终其一生，因为你那个概念我都不懂  
  
363  
00:15:42,310 --> 00:15:43,350  
但是我肯定不了解  
  
364  
00:15:43,750 --> 00:15:46,810  
但是一定你不熟悉吗  
  
365  
00:15:47,250 --> 00:15:48,410  
那是两个概念啊  
  
366  
00:15:48,650 --> 00:15:53,220  
我们说这个熟练之后很多东西熟练成自然啊  
  
367  
00:15:53,220 --> 00:15:54,180  
你就细琢磨吧  
  
368  
00:15:54,180 --> 00:15:54,900  
熟练成自然  
  
369  
00:15:55,140 --> 00:15:55,940  
那么带黄甘草  
  
370  
00:15:55,940 --> 00:15:57,970  
你一看，不用谁教你  
  
371  
00:15:57,970 --> 00:15:59,250  
你就知道他是干什么  
  
372  
00:15:59,250 --> 00:16:02,250  
肯定是通腹泄热下气是吧  
  
373  
00:16:02,730 --> 00:16:03,810  
把热气通下去  
  
374  
00:16:04,380 --> 00:16:09,390  
因此这两张方凑齐了之后再合上伤寒论啊  
  
375  
00:16:09,390 --> 00:16:11,070  
我再补充一下这个题外话  
  
376  
00:16:11,430 --> 00:16:16,000  
353条，非常经典的叫韩庚庚逆土下还记得吧  
  
377  
00:16:16,310 --> 00:16:17,630  
干姜芹莲人参汤  
  
378  
00:16:17,950 --> 00:16:22,430  
这三张方往往是我们在临床上治疗这种胃反呕吐  
  
379  
00:16:22,470 --> 00:16:25,790  
食入即吐，最有效的一套组合拳啊  
  
380  
00:16:25,790 --> 00:16:28,270  
在临床上我基本上看到这种情况  
  
381  
00:16:28,270 --> 00:16:30,410  
三板斧上来就是这三板斧  
  
382  
00:16:30,730 --> 00:16:32,210  
但是我给他排个队啊  
  
383  
00:16:32,210 --> 00:16:34,850  
就是在仅限于我们东北地区  
  
384  
00:16:34,890 --> 00:16:37,090  
就是在我的临床环境之中啊  
  
385  
00:16:37,090 --> 00:16:39,060  
这个是我认为没有可比性  
  
386  
00:16:39,060 --> 00:16:41,260  
因为到南方中国太大了  
  
387  
00:16:41,260 --> 00:16:43,100  
我们讲九星分野是吧  
  
388  
00:16:43,460 --> 00:16:44,620  
每个地方都不一样  
  
389  
00:16:44,920 --> 00:16:46,320  
呃，广州什么特点  
  
390  
00:16:46,480 --> 00:16:47,480  
云南什么特点  
  
391  
00:16:47,560 --> 00:16:48,600  
西安什么特点  
  
392  
00:16:48,960 --> 00:16:50,160  
内蒙古什么特点  
  
393  
00:16:50,600 --> 00:16:51,600  
四川什么特点  
  
394  
00:16:51,880 --> 00:16:52,760  
中原地区  
  
395  
00:16:53,520 --> 00:16:57,440  
还是说这个这个东南沿海那么各不相同  
  
396  
00:16:58,560 --> 00:17:00,520  
不能说我认为这样  
  
397  
00:17:01,080 --> 00:17:02,160  
呃，就这样  
  
398  
00:17:02,790 --> 00:17:06,270  
那么我的学生到了云南之后也跟我说说老师这个  
  
399  
00:17:06,550 --> 00:17:09,829  
为啥发现开药不像以前那么顺手  
  
400  
00:17:10,190 --> 00:17:11,819  
我说这个是好事啊  
  
401  
00:17:11,859 --> 00:17:13,460  
其实全国呀，都走一走  
  
402  
00:17:13,819 --> 00:17:16,460  
你都在各地去用用药找找感觉  
  
403  
00:17:16,740 --> 00:17:20,050  
真的对我们开拓这个首演有帮助啊  
  
404  
00:17:20,050 --> 00:17:22,410  
首先你在说什么话就不会那么断言  
  
405  
00:17:23,010 --> 00:17:25,369  
因为有很多时候换一个环境，换一个角度  
  
406  
00:17:25,650 --> 00:17:26,410  
你的思路  
  
407  
00:17:26,970 --> 00:17:31,810  
他真的是考考验你思路的一个一个很重要的指正啊  
  
408  
00:17:32,050 --> 00:17:35,900  
有好处，那么这三张方在我们东北啊  
  
409  
00:17:35,900 --> 00:17:38,300  
临床的时候就在在我这个角度啊  
  
410  
00:17:38,620 --> 00:17:40,940  
用的最多的干姜清莲人参汤  
  
411  
00:17:41,480 --> 00:17:45,440  
这个几乎是我们在临床中见到患者食入即吐  
  
412  
00:17:45,920 --> 00:17:49,590  
吃下去之后没一会儿就吐那么一张王牌啊  
  
413  
00:17:49,590 --> 00:17:54,150  
那么很多时候它的原因真的是因为寒热错杂啊  
  
414  
00:17:54,150 --> 00:17:56,870  
干将前连人参加上，中间有虚是吧  
  
415  
00:17:57,230 --> 00:17:57,390  
哎  
  
416  
00:17:57,390 --> 00:17:58,910  
那么这个时候用的最多  
  
417  
00:17:59,840 --> 00:18:02,320  
第二位的那就是大半夏汤  
  
418  
00:18:03,200 --> 00:18:03,400  
唉  
  
419  
00:18:03,440 --> 00:18:06,440  
那么很多时候我们患者到我们这儿啊  
  
420  
00:18:06,760 --> 00:18:08,400  
尼摸脉脉都快没了  
  
421  
00:18:08,770 --> 00:18:10,970  
那么这个时候为反呕吐，先救命吧  
  
422  
00:18:11,210 --> 00:18:12,250  
用我最常用的  
  
423  
00:18:12,450 --> 00:18:14,770  
我经常跟患者家属解释的一句话就是  
  
424  
00:18:14,770 --> 00:18:16,770  
先留人，在看病啊  
  
425  
00:18:16,770 --> 00:18:17,690  
那么经常是这样  
  
426  
00:18:18,090 --> 00:18:18,850  
与此同时  
  
427  
00:18:19,210 --> 00:18:24,280  
有比较少的在东北比较少的这种热格啊  
  
428  
00:18:24,280 --> 00:18:26,400  
也就是带黄甘草汤，我们见的不多  
  
429  
00:18:26,800 --> 00:18:28,960  
原因，这个是跟环境有关  
  
430  
00:18:28,960 --> 00:18:29,800  
这没办法啊  
  
431  
00:18:30,200 --> 00:18:31,000  
跟环境有关  
  
432  
00:18:31,360 --> 00:18:32,640  
但是不管怎么样呢  
  
433  
00:18:33,880 --> 00:18:34,160  
呃  
  
434  
00:18:36,760 --> 00:18:37,600  
民国，呃  
  
435  
00:18:37,600 --> 00:18:38,480  
应该不能叫民国  
  
436  
00:18:38,480 --> 00:18:41,880  
因为近代吧，近代一家赵仲勤先生啊  
  
437  
00:18:41,960 --> 00:18:42,600  
河北啊  
  
438  
00:18:42,600 --> 00:18:44,240  
我特别喜欢他，呃  
  
439  
00:18:45,030 --> 00:18:47,070  
单字一个童赵童老师啊  
  
440  
00:18:47,190 --> 00:18:50,830  
他说一句话说然虚，脉证皆实者可用  
  
441  
00:18:51,270 --> 00:18:53,350  
这句话大家一定要加以重视  
  
442  
00:18:53,670 --> 00:18:54,710  
带黄甘草汤  
  
443  
00:18:55,030 --> 00:18:56,790  
那么我的学生啊  
  
444  
00:18:56,990 --> 00:19:01,390  
跟我时间久了，他们都知道看病看病最终啊靠的是什么  
  
445  
00:19:01,390 --> 00:19:03,190  
还是这个脉象一锤定音  
  
446  
00:19:03,630 --> 00:19:06,040  
你这个症状他演的再像  
  
447  
00:19:06,480 --> 00:19:07,040  
咱就说啊  
  
448  
00:19:07,040 --> 00:19:08,480  
他症状有时候会骗人啊  
  
449  
00:19:09,010 --> 00:19:13,150  
他跟咱装的再像尼莫麦装漏了，明白了  
  
450  
00:19:13,390 --> 00:19:15,270  
麦最后装不了太多了  
  
451  
00:19:15,270 --> 00:19:18,230  
有的时候你看这人你怎么看都是一个热症  
  
452  
00:19:18,230 --> 00:19:21,730  
是不是最后一搭手韩相，所以这块呢  
  
453  
00:19:21,730 --> 00:19:23,410  
我有一句话啊，早就想说  
  
454  
00:19:23,410 --> 00:19:26,870  
但是这个不太敢讲啊  
  
455  
00:19:26,910 --> 00:19:27,790  
这个怕挨喷  
  
456  
00:19:28,270 --> 00:19:30,190  
但是呢也没关系啊  
  
457  
00:19:30,190 --> 00:19:32,020  
反正是医学嘛  
  
458  
00:19:32,020 --> 00:19:35,580  
就是大家讨论有一个说法叫舍脉从政  
  
459  
00:19:37,180 --> 00:19:39,220  
还有一个说法叫舍证从脉  
  
460  
00:19:39,670 --> 00:19:42,150  
我个人认为这个本身是个伪命题啊  
  
461  
00:19:42,150 --> 00:19:45,510  
又有人问我说，那你认为究竟是舍脉从政还是舍证从派  
  
462  
00:19:46,030 --> 00:19:46,990  
我没法回答  
  
463  
00:19:46,990 --> 00:19:48,190  
因为这是个伪命题  
  
464  
00:19:48,720 --> 00:19:53,120  
如果你谈到舍正从卖或者舍卖从政  
  
465  
00:19:53,880 --> 00:19:55,360  
那么只说明一个问题  
  
466  
00:19:55,790 --> 00:19:57,310  
呃，咱们可能内经啊  
  
467  
00:19:57,470 --> 00:19:58,550  
还得再读读  
  
468  
00:19:59,270 --> 00:20:03,510  
呃呃，这话可能说出来有点呃  
  
469  
00:20:04,560 --> 00:20:05,200  
不好啊  
  
470  
00:20:05,480 --> 00:20:05,960  
但是  
  
471  
00:20:07,660 --> 00:20:10,340  
有的时候好话都不好听  
  
472  
00:20:11,090 --> 00:20:13,410  
真的就是你你你这个我学生  
  
473  
00:20:13,410 --> 00:20:16,650  
刚才我们在路上来的时候还在还在聊交流这个问题啊  
  
474  
00:20:16,650 --> 00:20:18,530  
就是交流这个内经的事  
  
475  
00:20:20,420 --> 00:20:22,340  
真的就是内经里头你你就读吧  
  
476  
00:20:22,460 --> 00:20:23,100  
你就读吧  
  
477  
00:20:23,100 --> 00:20:26,700  
很多时候最后发现我们一些想法就很幼稚啊  
  
478  
00:20:27,300 --> 00:20:30,480  
那你说舍脉从政，还舍政同脉  
  
479  
00:20:30,480 --> 00:20:32,040  
那中医不就变成蒙了吗  
  
480  
00:20:32,080 --> 00:20:32,480  
对吧  
  
481  
00:20:33,090 --> 00:20:34,850  
那就是有的时候按麦蒙  
  
482  
00:20:34,930 --> 00:20:35,930  
有的时候按正蒙  
  
483  
00:20:36,090 --> 00:20:37,690  
你看我，我说这个话啊  
  
484  
00:20:38,010 --> 00:20:38,330  
是吧  
  
485  
00:20:38,610 --> 00:20:40,650  
那就是说你这回到底蒙谁  
  
486  
00:20:41,120 --> 00:20:42,440  
呵呵，压到哪儿了  
  
487  
00:20:42,760 --> 00:20:44,680  
那这种时候他不踏实啊  
  
488  
00:20:45,190 --> 00:20:46,630  
呃，上周我跟我学生聊天  
  
489  
00:20:46,630 --> 00:20:49,070  
我学生当时呢就说说老师，我现在吧  
  
490  
00:20:49,070 --> 00:20:50,400  
反正是，呃  
  
491  
00:20:50,720 --> 00:20:51,640  
心里有底了  
  
492  
00:20:51,640 --> 00:20:53,240  
就感觉看脉，看脉的时候  
  
493  
00:20:53,240 --> 00:20:53,960  
看病的时候  
  
494  
00:20:53,960 --> 00:20:54,120  
哎  
  
495  
00:20:54,360 --> 00:20:54,920  
再怎么着  
  
496  
00:20:54,920 --> 00:20:56,520  
我最后一看脉，我心里有底了  
  
497  
00:20:56,720 --> 00:20:59,300  
我一听这话我特别开心啊  
  
498  
00:20:59,300 --> 00:21:02,930  
我开心不是因为他终于有饭碗了啊  
  
499  
00:21:02,930 --> 00:21:04,410  
而是因为当医生啊  
  
500  
00:21:04,730 --> 00:21:06,970  
其实真的就是你心里有底了  
  
501  
00:21:06,970 --> 00:21:08,410  
就这东西，哪怕我没治好  
  
502  
00:21:08,830 --> 00:21:11,310  
我对患者，我对我自己的良心我也有交代  
  
503  
00:21:11,630 --> 00:21:12,750  
他不是能力问题  
  
504  
00:21:13,030 --> 00:21:17,650  
而是这个病现在说白了我没给你搞错啊  
  
505  
00:21:17,650 --> 00:21:19,090  
这就这就太难得了  
  
506  
00:21:19,090 --> 00:21:21,210  
所以卖相如此之重，要  
  
507  
00:21:22,200 --> 00:21:26,920  
好翻过来我们接着往后看茯苓泽泻汤  
  
508  
00:21:31,720 --> 00:21:33,320  
呃，这张方呢  
  
509  
00:21:33,400 --> 00:21:34,200  
以前啊  
  
510  
00:21:35,550 --> 00:21:39,630  
我对他也没有达到足够的重视啊  
  
511  
00:21:41,220 --> 00:21:42,780  
没有达到足足够的重视  
  
512  
00:21:43,220 --> 00:21:45,140  
但是大家如果记得的话呢  
  
513  
00:21:45,140 --> 00:21:49,560  
也许曾经记得我之前讲这个胸壁那堂课啊  
  
514  
00:21:49,680 --> 00:21:53,320  
提到贾母的这个当时的心梗啊  
  
515  
00:21:53,320 --> 00:21:54,720  
当时的这个威侯  
  
516  
00:21:55,560 --> 00:21:56,600  
呃，那一块啊  
  
517  
00:21:57,760 --> 00:21:59,520  
有过这么一个  
  
518  
00:22:01,180 --> 00:22:02,540  
桥段，呃  
  
519  
00:22:02,900 --> 00:22:05,180  
曾经有一段时间，那个时候因为也是疫情隔离  
  
520  
00:22:05,180 --> 00:22:05,620  
原因嘛  
  
521  
00:22:05,620 --> 00:22:08,180  
那个我们也进不去啊  
  
522  
00:22:08,220 --> 00:22:09,380  
这个病房也进不去  
  
523  
00:22:09,780 --> 00:22:10,620  
呃，之后呢  
  
524  
00:22:11,980 --> 00:22:13,660  
当时啊，贾母就就  
  
525  
00:22:15,180 --> 00:22:17,580  
就是在在在这个卧床的时候啊  
  
526  
00:22:17,820 --> 00:22:21,460  
当时有一个非常非常突出的症状啊  
  
527  
00:22:21,460 --> 00:22:23,100  
他感觉整个人啊，天旋地转  
  
528  
00:22:23,340 --> 00:22:24,340  
从天上往下掉  
  
529  
00:22:25,220 --> 00:22:27,780  
而且呢，那个时候非常有意思啊  
  
530  
00:22:29,010 --> 00:22:31,690  
整个这个脉象啊  
  
531  
00:22:32,960 --> 00:22:35,080  
你要说我完全不懂伤寒论呢  
  
532  
00:22:35,400 --> 00:22:36,520  
好像我还懂点  
  
533  
00:22:37,130 --> 00:22:39,850  
但是那几张经方，我师傅啊  
  
534  
00:22:39,850 --> 00:22:41,330  
沈先生手把手给我用  
  
535  
00:22:41,330 --> 00:22:44,520  
那几张经方刷新了我对伤寒论的认知啊  
  
536  
00:22:44,520 --> 00:22:46,560  
我当时不是说过一个事，儿吗  
  
537  
00:22:46,960 --> 00:22:50,020  
曾经18年我师傅到长春来的时候  
  
538  
00:22:50,340 --> 00:22:53,660  
当时我师傅坐副驾驶我，我我开着车啊  
  
539  
00:22:54,100 --> 00:22:55,580  
然后我说师傅我最近啊  
  
540  
00:22:55,900 --> 00:22:58,100  
那个我讲伤寒药语已经讲了3年了嘛  
  
541  
00:22:58,100 --> 00:23:03,060  
那在临床上我学生知道我伤寒用的其实也不是太差啊  
  
542  
00:23:03,060 --> 00:23:04,500  
也不是太差还能用  
  
543  
00:23:05,070 --> 00:23:05,270  
呃  
  
544  
00:23:05,270 --> 00:23:07,070  
起码也是一搭手就直接  
  
545  
00:23:07,630 --> 00:23:10,590  
哪个糖症到什么加减我都能直接断出来啊  
  
546  
00:23:10,950 --> 00:23:13,590  
这个伤寒几天几天什么的那都能断出来  
  
547  
00:23:14,440 --> 00:23:17,360  
然后我说师傅，我感觉我现在伤寒学的有点意思了  
  
548  
00:23:17,360 --> 00:23:18,600  
然后师傅就笑了哈  
  
549  
00:23:18,600 --> 00:23:19,280  
师父笑了  
  
550  
00:23:19,570 --> 00:23:21,570  
然后我当时内心之中啊  
  
551  
00:23:21,570 --> 00:23:23,290  
我觉得我这这么差吗  
  
552  
00:23:23,580 --> 00:23:24,020  
后来一看  
  
553  
00:23:24,020 --> 00:23:24,980  
真这么差啊  
  
554  
00:23:25,020 --> 00:23:29,180  
就是就是我师傅带我刷新了伤寒论的重新的认知啊  
  
555  
00:23:29,540 --> 00:23:31,720  
师傅用了几张经方啊  
  
556  
00:23:31,800 --> 00:23:33,160  
一张悬浮带者，是吧  
  
557  
00:23:33,160 --> 00:23:34,720  
一张私密伞啊  
  
558  
00:23:34,720 --> 00:23:37,800  
在这个大虚的时候啊，一一每天50克  
  
559  
00:23:37,880 --> 00:23:38,480  
20年  
  
560  
00:23:39,400 --> 00:23:41,480  
山参的这这这这个状态下啊  
  
561  
00:23:41,720 --> 00:23:42,440  
大虚的状态下  
  
562  
00:23:42,440 --> 00:23:43,720  
我师傅用了一张四逆散  
  
563  
00:23:44,560 --> 00:23:47,080  
这个这个巨猛，加上一些巨猛之计啊  
  
564  
00:23:47,790 --> 00:23:49,430  
用下去之后一剂药就好了啊  
  
565  
00:23:49,630 --> 00:23:51,310  
这其中包括有有有一  
  
566  
00:23:51,310 --> 00:23:52,470  
有一阵就天旋地转  
  
567  
00:23:52,470 --> 00:23:54,380  
那回啊，之后呢  
  
568  
00:23:54,740 --> 00:23:55,780  
我师傅用了一张方  
  
569  
00:23:55,780 --> 00:23:58,220  
就这个就这个茯苓泽泻汤  
  
570  
00:23:58,580 --> 00:24:00,820  
哎呦，当时我震的呀  
  
571  
00:24:00,820 --> 00:24:02,970  
我说茯苓泽泻汤，我知道啊  
  
572  
00:24:02,970 --> 00:24:04,090  
他不治口渴的吗  
  
573  
00:24:04,130 --> 00:24:04,450  
是吧  
  
574  
00:24:04,730 --> 00:24:05,850  
渴饮水的呀  
  
575  
00:24:06,170 --> 00:24:07,730  
我说怎么能这么这么玩呢  
  
576  
00:24:07,730 --> 00:24:10,860  
我这个开挂了吧，啊  
  
577  
00:24:11,060 --> 00:24:13,340  
那么我们重新来认知一下这个方案  
  
578  
00:24:13,340 --> 00:24:15,380  
直到今天我突然间有点明白  
  
579  
00:24:15,660 --> 00:24:17,140  
师傅当年为什么这么用了啊  
  
580  
00:24:17,140 --> 00:24:18,500  
我现在突然间明白了  
  
581  
00:24:18,680 --> 00:24:20,320  
还是当时学的不透啊  
  
582  
00:24:20,360 --> 00:24:21,200  
说句实话啊  
  
583  
00:24:22,040 --> 00:24:22,960  
那么这个里头呢  
  
584  
00:24:24,280 --> 00:24:25,840  
呃，但是话说回来啊  
  
585  
00:24:25,840 --> 00:24:27,160  
这块说说句闲话  
  
586  
00:24:27,600 --> 00:24:29,400  
我曾经学医的时候  
  
587  
00:24:29,980 --> 00:24:31,780  
我看到叶天士先生啊  
  
588  
00:24:31,980 --> 00:24:33,220  
叶天士什么人呢  
  
589  
00:24:33,820 --> 00:24:35,420  
那在我心中就是神仙  
  
590  
00:24:35,420 --> 00:24:36,220  
我跟你讲啊  
  
591  
00:24:36,740 --> 00:24:39,020  
你们说夜半仙，我认为那就是神仙  
  
592  
00:24:39,660 --> 00:24:39,940  
呃  
  
593  
00:24:40,550 --> 00:24:44,870  
叶天士说的一句话叫若视他人母，定用白虎汤  
  
594  
00:24:45,310 --> 00:24:47,150  
我当时是觉得有点  
  
595  
00:24:48,020 --> 00:24:51,660  
我当时觉得有点有点有点好玩啊  
  
596  
00:24:51,780 --> 00:24:52,540  
我不太信  
  
597  
00:24:53,640 --> 00:24:55,560  
结果后来在我母亲生病的时候  
  
598  
00:24:55,560 --> 00:24:57,800  
就这句话从我嘴里说出来的  
  
599  
00:24:58,430 --> 00:24:59,030  
你们信吗  
  
600  
00:24:59,430 --> 00:25:00,870  
我说要是别人他母亲  
  
601  
00:25:01,030 --> 00:25:02,670  
我说这个方我就真没用了  
  
602  
00:25:03,110 --> 00:25:04,310  
这就是我当时原话啊  
  
603  
00:25:04,310 --> 00:25:05,270  
就是我当时原话  
  
604  
00:25:05,820 --> 00:25:10,580  
呃，所以说这个义不宜亲这句话到底是成不成立呢  
  
605  
00:25:12,760 --> 00:25:14,720  
可能是一种无奈啊  
  
606  
00:25:14,720 --> 00:25:16,680  
我们不要笑话这个过去这些  
  
607  
00:25:17,630 --> 00:25:19,510  
这这这这这些，先生们啊  
  
608  
00:25:20,110 --> 00:25:20,630  
都是人  
  
609  
00:25:20,670 --> 00:25:21,990  
我跟你讲，都是人啊  
  
610  
00:25:22,830 --> 00:25:25,020  
那么这块说了一个问题  
  
611  
00:25:25,020 --> 00:25:26,060  
同样是未反啊  
  
612  
00:25:26,060 --> 00:25:28,820  
未反就是to，但是它的特征特别有意思啊  
  
613  
00:25:28,820 --> 00:25:29,500  
它叫什么呢  
  
614  
00:25:30,070 --> 00:25:33,510  
吐而渴欲饮水，就是越吐越渴  
  
615  
00:25:34,390 --> 00:25:35,790  
关于这个话题啊  
  
616  
00:25:35,790 --> 00:25:38,110  
就是越吐越渴是什么原因  
  
617  
00:25:39,760 --> 00:25:40,520  
是什么原因  
  
618  
00:25:41,080 --> 00:25:43,480  
我们从方上来说特别简单  
  
619  
00:25:43,480 --> 00:25:44,200  
就俩字  
  
620  
00:25:44,240 --> 00:25:44,680  
水饮  
  
621  
00:25:52,460 --> 00:25:55,780  
这个所谓啊茯苓泽泻汤  
  
622  
00:25:57,400 --> 00:26:00,280  
它所治疗的解决的问题啊  
  
623  
00:26:02,960 --> 00:26:07,080  
一看就是水印  
  
624  
00:26:09,580 --> 00:26:11,140  
那么这个水饮啊  
  
625  
00:26:12,340 --> 00:26:13,420  
它的产生啊  
  
626  
00:26:14,060 --> 00:26:17,980  
那么为什么会造成越吐越渴，越渴越吐  
  
627  
00:26:19,380 --> 00:26:20,740  
陈修园先生啊  
  
628  
00:26:21,100 --> 00:26:23,340  
他有一段论述  
  
629  
00:26:24,580 --> 00:26:27,590  
咱们不妨参考陈宫呢  
  
630  
00:26:27,630 --> 00:26:32,830  
这么讲叫旧水不因其得土而进  
  
631  
00:26:34,260 --> 00:26:40,160  
则薪水反因其渴饮而增欲吐欲可欲可欲  
  
632  
00:26:40,160 --> 00:26:41,520  
吐不从  
  
633  
00:26:42,360 --> 00:26:45,910  
脾舒转之则吐渴不宁  
  
634  
00:26:46,550 --> 00:26:47,550  
就这么一段话啊  
  
635  
00:26:47,550 --> 00:26:48,710  
我从头捋一遍  
  
636  
00:26:49,230 --> 00:26:50,110  
他讲一个问题  
  
637  
00:26:50,190 --> 00:26:54,130  
如果体内的痰饮你吐不出去  
  
638  
00:26:55,170 --> 00:26:56,450  
那么就造成一个问题  
  
639  
00:26:57,210 --> 00:27:00,250  
这个这个旧水不阴，得土而进嘛  
  
640  
00:27:00,250 --> 00:27:00,530  
对吧  
  
641  
00:27:00,890 --> 00:27:01,730  
就造成一个问题  
  
642  
00:27:01,730 --> 00:27:04,400  
因为你脾不能上成津液  
  
643  
00:27:04,520 --> 00:27:05,640  
那么人还渴呀  
  
644  
00:27:06,040 --> 00:27:06,760  
水没出去  
  
645  
00:27:06,760 --> 00:27:07,520  
然后你还在喝  
  
646  
00:27:08,120 --> 00:27:09,720  
在喝之后就造成一个问题  
  
647  
00:27:10,460 --> 00:27:12,860  
薪水反因渴饮而增对吧  
  
648  
00:27:12,900 --> 00:27:14,220  
又增加了很多水印  
  
649  
00:27:14,740 --> 00:27:15,660  
进入了恶性循环  
  
650  
00:27:15,700 --> 00:27:17,660  
导致越吐越渴，越渴越吐  
  
651  
00:27:19,290 --> 00:27:21,490  
那么这个我个人认为啊  
  
652  
00:27:21,850 --> 00:27:23,890  
陈修园说的八个字叫越玉兔  
  
653  
00:27:23,890 --> 00:27:27,290  
玉可玉可玉兔，就是这个汤政的一个眼目之一  
  
654  
00:27:28,290 --> 00:27:32,370  
所以我们说从正去认知一个病其实挺难的  
  
655  
00:27:32,370 --> 00:27:33,290  
啊，脉  
  
656  
00:27:33,410 --> 00:27:34,530  
其实你看似难  
  
657  
00:27:34,770 --> 00:27:35,650  
其实是捷径  
  
658  
00:27:36,170 --> 00:27:38,610  
正你看似是捷径，其实难  
  
659  
00:27:39,770 --> 00:27:42,010  
真的，你细琢磨琢磨这句话啊  
  
660  
00:27:42,890 --> 00:27:45,730  
这句话放在这儿从脉去论命  
  
661  
00:27:46,410 --> 00:27:48,490  
看似难，实则易  
  
662  
00:27:50,020 --> 00:27:50,860  
先难后易  
  
663  
00:27:51,300 --> 00:27:52,980  
你从正去识一个病  
  
664  
00:27:53,580 --> 00:27:55,620  
貌似易先易而后难  
  
665  
00:27:56,190 --> 00:27:59,230  
真的你到后头你就发现怎么走都没路啊  
  
666  
00:27:59,700 --> 00:28:00,540  
就是那个问题  
  
667  
00:28:00,900 --> 00:28:03,300  
所以说他这讲一个问题，关键在于什么  
  
668  
00:28:03,420 --> 00:28:04,820  
脾之转输啊  
  
669  
00:28:04,820 --> 00:28:06,440  
你能把脾运化开  
  
670  
00:28:06,480 --> 00:28:07,240  
脾能转开  
  
671  
00:28:07,520 --> 00:28:08,840  
那么水经能四步  
  
672  
00:28:08,840 --> 00:28:09,720  
五经能并行  
  
673  
00:28:10,310 --> 00:28:11,670  
其实还是回到内经  
  
674  
00:28:12,070 --> 00:28:13,710  
所谓引入于胃，优于精气  
  
675  
00:28:13,990 --> 00:28:15,310  
那你不能上疏于脾  
  
676  
00:28:15,750 --> 00:28:18,590  
脾气散精，则无以上归于肺通调水道  
  
677  
00:28:19,130 --> 00:28:21,010  
则水精无以四步，对吧  
  
678  
00:28:21,970 --> 00:28:23,010  
五经无以并行  
  
679  
00:28:23,050 --> 00:28:24,530  
那么肯定是口渴的  
  
680  
00:28:24,890 --> 00:28:28,330  
因此说这个方案非常简单  
  
681  
00:28:28,410 --> 00:28:31,850  
就是脾不运转，造成水饮停滞之后的口渴  
  
682  
00:28:32,460 --> 00:28:34,260  
那么其实我们把它推而广之  
  
683  
00:28:34,660 --> 00:28:36,580  
那不就是一个水饮之症吗  
  
684  
00:28:37,340 --> 00:28:40,900  
所以回过头来看，当年家母得病的时候  
  
685  
00:28:41,220 --> 00:28:43,980  
那么所谓的这个眩晕之象  
  
686  
00:28:44,750 --> 00:28:46,910  
其实就是临桂猪肝汤的放大版  
  
687  
00:28:47,900 --> 00:28:48,580  
苓桂术甘汤  
  
688  
00:28:48,580 --> 00:28:50,100  
我们讲起则头眩，脉沉紧  
  
689  
00:28:50,100 --> 00:28:54,340  
发汗则动经身为振振爻、茯苓、桂枝甘草白术汤主之第67条  
  
690  
00:28:54,940 --> 00:28:56,460  
那么推而广之  
  
691  
00:28:56,940 --> 00:28:58,980  
放在这儿用劲儿有点小了  
  
692  
00:28:59,620 --> 00:29:02,780  
所以仲景先师给你一个加强版内  
  
693  
00:29:03,060 --> 00:29:05,540  
以用泽泻以去再理之水  
  
694  
00:29:05,980 --> 00:29:08,620  
外以用生姜以散再表之饮  
  
695  
00:29:10,380 --> 00:29:14,500  
你看看那么一表一里配合苓桂猪肝汤加工  
  
696  
00:29:14,980 --> 00:29:17,980  
所以我说仲景之方药皆有其法度  
  
697  
00:29:18,540 --> 00:29:20,740  
每1+1减各有其本源  
  
698  
00:29:21,700 --> 00:29:26,380  
熟知伤寒，再看金匮则迎刃而解伤寒金匮本易书  
  
699  
00:29:27,900 --> 00:29:31,540  
外感杂病，可以成为融为一炉啊  
  
700  
00:29:31,620 --> 00:29:32,940  
原本可以融为一炉  
  
701  
00:29:34,130 --> 00:29:36,760  
那么这里头我个人认为啊  
  
702  
00:29:37,360 --> 00:29:39,240  
但是我自己的歪理邪说  
  
703  
00:29:39,600 --> 00:29:42,600  
我认为茯苓泽泻汤从某种角度来看  
  
704  
00:29:42,920 --> 00:29:47,600  
就可以变成灵桂猪肝汤的加强版  
  
705  
00:29:48,130 --> 00:29:50,090  
或者是大号灵桂猪肝汤，你看啊  
  
706  
00:29:50,410 --> 00:29:55,610  
因为用灵桂猪肝里头它去水的药只有茯苓直接去水啊  
  
707  
00:29:56,050 --> 00:29:58,490  
有桂枝甘草化阳对吧  
  
708  
00:29:58,770 --> 00:30:01,570  
去以滋心气，有白术甘草去滋脾  
  
709  
00:30:02,070 --> 00:30:02,950  
当然白猪呢  
  
710  
00:30:02,950 --> 00:30:04,750  
他在自辟的时候能立水  
  
711  
00:30:04,750 --> 00:30:07,910  
但是是间接立水，直接利水的只有茯苓  
  
712  
00:30:08,110 --> 00:30:11,670  
但是在这你加上泽泻和生姜一散里一散  
  
713  
00:30:11,710 --> 00:30:13,990  
表表里水邪聚散  
  
714  
00:30:15,950 --> 00:30:16,990  
则其病可解  
  
715  
00:30:17,750 --> 00:30:18,390  
迎难而解  
  
716  
00:30:18,470 --> 00:30:20,390  
咱们就讲，就这么个问题啊  
  
717  
00:30:22,700 --> 00:30:22,900  
额  
  
718  
00:30:23,260 --> 00:30:26,580  
那么这就是茯苓泽泻汤  
  
719  
00:30:27,450 --> 00:30:29,770  
所以从今天这个角度反过来看  
  
720  
00:30:29,770 --> 00:30:31,890  
我也理解当时为什么这么用了啊  
  
721  
00:30:32,450 --> 00:30:35,490  
其实世间没有神秘  
  
722  
00:30:36,630 --> 00:30:37,790  
也没有玄虚  
  
723  
00:30:38,540 --> 00:30:41,180  
只有我们还没曾明白的道理  
  
724  
00:30:41,980 --> 00:30:45,700  
只有我们还没站在的高度和没开的眼目  
  
725  
00:30:46,660 --> 00:30:49,860  
世界上并无灾怪之事啊  
  
726  
00:30:50,220 --> 00:30:51,220  
并无玄虚之事  
  
727  
00:30:51,500 --> 00:30:54,100  
因此说，我跟我的学生今天来的路上啊  
  
728  
00:30:54,350 --> 00:30:55,430  
我也在讲这个道理  
  
729  
00:30:55,430 --> 00:30:56,910  
你们放心的往前走  
  
730  
00:30:57,150 --> 00:30:59,070  
好好的去按照古人教育  
  
731  
00:30:59,110 --> 00:31:02,190  
教育我们的古代圣贤教给我们的道理  
  
732  
00:31:02,630 --> 00:31:03,590  
读经典啊  
  
733  
00:31:04,030 --> 00:31:04,550  
做临床  
  
734  
00:31:04,870 --> 00:31:07,070  
这是国医大师总结的，读经典做临床  
  
735  
00:31:07,310 --> 00:31:10,180  
古人呢，告诉你就是实践  
  
736  
00:31:10,260 --> 00:31:11,340  
知行合一是吧  
  
737  
00:31:12,020 --> 00:31:14,180  
我跟他们讲了，内经可进  
  
738  
00:31:14,260 --> 00:31:15,020  
医道可成  
  
739  
00:31:16,320 --> 00:31:17,600  
中医不是学不完的  
  
740  
00:31:19,310 --> 00:31:21,630  
只有你有没有努力的去学  
  
741  
00:31:22,030 --> 00:31:24,430  
这话我说的可能非常的狂妄  
  
742  
00:31:25,100 --> 00:31:27,340  
从我的角度，但不是我的一个狂妄  
  
743  
00:31:27,540 --> 00:31:29,780  
而是我的某种愿景  
  
744  
00:31:31,800 --> 00:31:33,160  
虽然浩如烟海  
  
745  
00:31:33,360 --> 00:31:35,120  
虽然难如登山是吧  
  
746  
00:31:35,540 --> 00:31:36,700  
但是终有尽失  
  
747  
00:31:36,740 --> 00:31:38,540  
只是你有没有努力到位  
  
748  
00:31:38,660 --> 00:31:40,300  
有没有继续的坚持啊  
  
749  
00:31:40,520 --> 00:31:42,680  
所以说昨天的不明白不可攀登  
  
750  
00:31:42,920 --> 00:31:47,580  
在我们今天来看，可能一下你发现你已经身在此地了啊  
  
751  
00:31:48,300 --> 00:31:50,140  
已经已经明白了啊  
  
752  
00:31:53,480 --> 00:31:55,160  
当然了，中医还是很难的啊  
  
753  
00:31:55,160 --> 00:31:57,840  
我们说这个是一个美好的愿景啊  
  
754  
00:31:58,350 --> 00:31:58,550  
哎  
  
755  
00:31:58,550 --> 00:31:59,870  
那么茯苓泽泻汤  
  
756  
00:32:00,070 --> 00:32:03,670  
因此它所对峙的这个问题啊  
  
757  
00:32:04,310 --> 00:32:06,790  
大家就抓住一个两个核心  
  
758  
00:32:07,230 --> 00:32:10,740  
一个就是脾虚不虚，二水胜不胜  
  
759  
00:32:12,140 --> 00:32:13,460  
不就这么俩事，儿嘛是吧  
  
760  
00:32:14,050 --> 00:32:18,170  
所以每张方他都很巧妙，在不同的角度知  
  
761  
00:32:18,250 --> 00:32:19,730  
至于他的那个吐和渴  
  
762  
00:32:20,130 --> 00:32:21,250  
其实说的不是吐  
  
763  
00:32:21,250 --> 00:32:21,730  
也不是渴  
  
764  
00:32:21,730 --> 00:32:22,410  
而是水饮  
  
765  
00:32:22,950 --> 00:32:23,710  
咱们明白了吧  
  
766  
00:32:23,710 --> 00:32:23,910  
哎  
  
767  
00:32:23,910 --> 00:32:26,270  
他说的是水饮得鱼而忘权啊  
  
768  
00:32:26,270 --> 00:32:27,750  
你把这个事看懂了之后  
  
769  
00:32:27,950 --> 00:32:29,670  
你再用这个方法咋用都行  
  
770  
00:32:29,710 --> 00:32:32,840  
当时家母卧床的时候并没有吐  
  
771  
00:32:33,120 --> 00:32:36,040  
吐也没有渴  
  
772  
00:32:36,950 --> 00:32:39,310  
当时只是我把脉象告诉了家师  
  
773  
00:32:40,510 --> 00:32:42,590  
那么通过脉象看到了这两件事  
  
774  
00:32:43,090 --> 00:32:45,250  
即使长得不像我们照样用  
  
775  
00:32:45,730 --> 00:32:47,450  
用了之后照样好，是不是啊  
  
776  
00:32:47,920 --> 00:32:48,120  
哎  
  
777  
00:32:48,360 --> 00:32:50,320  
我母亲当时喝完这剂药之后跟我说说  
  
778  
00:32:50,320 --> 00:32:52,760  
儿子说这个这个药太好用了  
  
779  
00:32:52,760 --> 00:32:54,400  
一剂药当时就好了  
  
780  
00:32:55,410 --> 00:32:56,450  
当时就好了  
  
781  
00:32:56,450 --> 00:32:57,610  
真的就是腹卑而喻  
  
782  
00:32:57,930 --> 00:33:00,250  
一下子就跟没病了似的啊  
  
783  
00:33:02,110 --> 00:33:06,670  
当时对我这种这个视觉冲击啊，哈哈哈  
  
784  
00:33:06,950 --> 00:33:07,950  
哎呀，非常大啊  
  
785  
00:33:08,030 --> 00:33:08,910  
非常大好  
  
786  
00:33:08,910 --> 00:33:09,910  
我们接着往后看啊  
  
787  
00:33:09,950 --> 00:33:11,190  
下头这张方文革散  
  
788  
00:33:11,830 --> 00:33:13,150  
呃，这个方案用的不多  
  
789  
00:33:13,630 --> 00:33:15,750  
但是你真到关键时刻呢  
  
790  
00:33:15,750 --> 00:33:18,110  
这是又是又是一张极好的方子啊  
  
791  
00:33:18,390 --> 00:33:19,070  
用的不多  
  
792  
00:33:19,930 --> 00:33:21,290  
首先我说一下这个问题  
  
793  
00:33:21,770 --> 00:33:23,290  
文革是什么啊  
  
794  
00:33:24,600 --> 00:33:25,280  
文蛤呢  
  
795  
00:33:25,400 --> 00:33:27,080  
南方也叫花蛤  
  
796  
00:33:27,680 --> 00:33:29,240  
这个大家大家就知道了吧  
  
797  
00:33:29,480 --> 00:33:32,480  
它上头有那个有那个纹，有那个纹理啊  
  
798  
00:33:32,890 --> 00:33:35,370  
文葛文葛文者文也啊，文理的文  
  
799  
00:33:39,780 --> 00:33:43,260  
这个就是文  
  
800  
00:33:44,820 --> 00:33:46,180  
它俩是一个东西啊  
  
801  
00:33:47,070 --> 00:33:48,950  
那么有这个纹理  
  
802  
00:33:50,070 --> 00:33:53,570  
呃，因此这个要是干啥的呢  
  
803  
00:33:54,050 --> 00:33:54,250  
啊  
  
804  
00:33:54,250 --> 00:33:55,450  
这个药是干啥的呢  
  
805  
00:33:55,970 --> 00:34:00,090  
实际上我们在伤寒论中大家还记得吧  
  
806  
00:34:00,690 --> 00:34:01,770  
有文革散  
  
807  
00:34:02,740 --> 00:34:03,940  
这个呢，叫文蛤汤  
  
808  
00:34:04,140 --> 00:34:05,340  
它俩不是一个东西啊  
  
809  
00:34:05,900 --> 00:34:06,100  
嗯  
  
810  
00:34:06,500 --> 00:34:07,700  
一会我们再细说  
  
811  
00:34:09,090 --> 00:34:13,409  
那么这个文革首先它就是个壳  
  
812  
00:34:15,250 --> 00:34:16,889  
这个海蛤的外壳  
  
813  
00:34:17,370 --> 00:34:19,050  
所以说外壳这个东西就有意思了  
  
814  
00:34:19,050 --> 00:34:20,530  
我们说壳则主表  
  
815  
00:34:20,690 --> 00:34:21,409  
肉则主里  
  
816  
00:34:21,409 --> 00:34:23,250  
是不是我们同样取这个象  
  
817  
00:34:23,730 --> 00:34:26,250  
那么所以说它能治其表  
  
818  
00:34:26,929 --> 00:34:28,250  
那么制其表之外  
  
819  
00:34:28,850 --> 00:34:30,210  
蛤壳比较坚硬  
  
820  
00:34:30,790 --> 00:34:32,389  
而且味咸，海里的东西嘛  
  
821  
00:34:32,389 --> 00:34:34,270  
我们说壳类的东西都是都是偏咸的嘛  
  
822  
00:34:34,670 --> 00:34:38,550  
因此说既在表，那么又坚硬  
  
823  
00:34:38,630 --> 00:34:42,150  
而味咸则能起使其气归肾  
  
824  
00:34:42,760 --> 00:34:47,360  
所以这个就非常形象的是一个废金  
  
825  
00:34:47,520 --> 00:34:50,120  
就是表生肾水的一个项目  
  
826  
00:34:50,840 --> 00:34:51,760  
由表归里  
  
827  
00:34:51,920 --> 00:34:52,760  
由金生水  
  
828  
00:34:53,159 --> 00:34:55,280  
那么所以能归藏肾气  
  
829  
00:34:56,080 --> 00:34:58,480  
能纳气，有这么一个作用啊  
  
830  
00:35:00,560 --> 00:35:03,600  
他能把肾气给纳回去啊，纳回去  
  
831  
00:35:04,400 --> 00:35:06,600  
所以这个里头就有一个好玩的事了  
  
832  
00:35:07,160 --> 00:35:09,920  
文革他所治疗治疾病一是可证  
  
833  
00:35:10,250 --> 00:35:12,450  
那么你看到那个文革散还是文革汤啊  
  
834  
00:35:12,730 --> 00:35:15,810  
它里头都有涉及到这个可证的问题  
  
835  
00:35:16,170 --> 00:35:19,140  
那么为什么可有一种情况可能是脾不散精  
  
836  
00:35:19,660 --> 00:35:20,780  
其实还有一种情况  
  
837  
00:35:22,720 --> 00:35:25,480  
气不能归于肾，则肾不足水啊  
  
838  
00:35:25,480 --> 00:35:26,800  
这个时候也会口渴  
  
839  
00:35:27,420 --> 00:35:28,020  
同样啊  
  
840  
00:35:28,100 --> 00:35:30,540  
所以不能认为所有的渴都是脾不散  
  
841  
00:35:30,540 --> 00:35:32,060  
经人体之中啊  
  
842  
00:35:32,060 --> 00:35:32,740  
有开有合  
  
843  
00:35:33,180 --> 00:35:35,300  
有升有降，有出也有入  
  
844  
00:35:35,870 --> 00:35:36,070  
哎  
  
845  
00:35:36,070 --> 00:35:37,030  
那么水不入呢  
  
846  
00:35:37,030 --> 00:35:37,470  
他照样  
  
847  
00:35:37,470 --> 00:35:39,470  
可那水不入，水哪去了啊  
  
848  
00:35:39,470 --> 00:35:41,510  
我们看条文你就知道水哪去了  
  
849  
00:35:42,580 --> 00:35:43,260  
兔后啊  
  
850  
00:35:43,780 --> 00:35:46,940  
我们讲他经过了吐节是不是啊  
  
851  
00:35:47,100 --> 00:35:47,340  
哎  
  
852  
00:35:47,380 --> 00:35:50,660  
吐节之后可欲得水而贪也  
  
853  
00:35:51,250 --> 00:35:53,530  
那么这个位置讲的就很简单了  
  
854  
00:35:53,530 --> 00:35:56,210  
告诉你吐了之后，吐了之后会怎么样呢  
  
855  
00:35:57,230 --> 00:36:00,550  
那么很多时候我们说耗气伤津  
  
856  
00:36:01,190 --> 00:36:02,470  
对人是有消耗的  
  
857  
00:36:02,750 --> 00:36:03,630  
那么与此同时  
  
858  
00:36:04,110 --> 00:36:07,540  
文蛤汤主之，按照我们正常的思路啊  
  
859  
00:36:07,620 --> 00:36:11,220  
你不要轻易的否认乙方测证的思维啊  
  
860  
00:36:11,220 --> 00:36:11,900  
我们首先  
  
861  
00:36:14,050 --> 00:36:17,530  
读伤寒金匮，一个成熟的  
  
862  
00:36:20,040 --> 00:36:20,640  
医生啊  
  
863  
00:36:21,280 --> 00:36:22,720  
你在读伤寒金匮的时候  
  
864  
00:36:23,000 --> 00:36:26,320  
我们说一读条文，二要无双  
  
865  
00:36:27,160 --> 00:36:28,480  
你看这个文革汤啊  
  
866  
00:36:33,300 --> 00:36:37,460  
它的组成实际上包含两要素  
  
867  
00:36:37,660 --> 00:36:39,940  
那么文蛤汤当然要有文革  
  
868  
00:36:42,880 --> 00:36:45,280  
与此同时，它里头还有一个组成部分  
  
869  
00:36:45,400 --> 00:36:46,960  
这个组成部分呢，有争议  
  
870  
00:36:47,680 --> 00:36:51,400  
有人认为是月碧汤加杏仁  
  
871  
00:36:52,210 --> 00:36:56,930  
但是更多的医家认为此方乃大青龙之变局啊  
  
872  
00:36:57,330 --> 00:36:58,650  
我个人服役  
  
873  
00:37:04,720 --> 00:37:05,880  
去硅脂是不是  
  
874  
00:37:06,240 --> 00:37:07,440  
那你分从哪看  
  
875  
00:37:07,710 --> 00:37:11,150  
因为大青龙本身和月毕，他俩就沾亲戚  
  
876  
00:37:11,470 --> 00:37:12,430  
咱们说吧，对吧  
  
877  
00:37:12,750 --> 00:37:12,950  
哎  
  
878  
00:37:12,950 --> 00:37:14,460  
月毕五味药啊  
  
879  
00:37:14,700 --> 00:37:18,380  
麻黄甘草枣姜啊，那么呃  
  
880  
00:37:19,190 --> 00:37:21,430  
这个这个再加设施高  
  
881  
00:37:22,310 --> 00:37:26,070  
如果再配上桂枝，就和上那个麻花汤啊  
  
882  
00:37:26,230 --> 00:37:28,270  
有桂枝有杏仁，那不就变大青龙了吗  
  
883  
00:37:28,590 --> 00:37:30,590  
但这个正好是在他俩之间  
  
884  
00:37:31,030 --> 00:37:34,470  
那为什么我认为它不是月币而是青龙呢  
  
885  
00:37:34,750 --> 00:37:36,470  
因为月币，我们讲壁者  
  
886  
00:37:36,510 --> 00:37:36,910  
悲也  
  
887  
00:37:36,910 --> 00:37:38,070  
咱们曾经说过那个问题吧  
  
888  
00:37:38,390 --> 00:37:38,670  
哎  
  
889  
00:37:39,000 --> 00:37:41,000  
脾脾土为卑，贱之土为湿  
  
890  
00:37:41,440 --> 00:37:44,880  
那么月壁汤实际上你看似是那么大剂量的麻黄  
  
891  
00:37:45,160 --> 00:37:50,960  
他是为了把再位卑之师把它透出去透湿的方子啊  
  
892  
00:37:51,440 --> 00:37:55,400  
你等到大青龙实际上是开表的啊  
  
893  
00:37:55,520 --> 00:37:58,120  
所以这个方你看后头又有一句话啊  
  
894  
00:37:58,560 --> 00:37:59,440  
他这么说的  
  
895  
00:38:00,880 --> 00:38:05,640  
叫尖主微风，脉紧头痛  
  
896  
00:38:06,400 --> 00:38:08,360  
那你这么一看，不就看明白了吗  
  
897  
00:38:08,480 --> 00:38:08,960  
对不对  
  
898  
00:38:10,200 --> 00:38:11,560  
微风，微风是啥呀  
  
899  
00:38:12,520 --> 00:38:13,920  
矫正啊哈  
  
900  
00:38:14,400 --> 00:38:16,360  
那么但是你还得看脉  
  
901  
00:38:17,870 --> 00:38:19,590  
他不是太阳中风啊  
  
902  
00:38:19,590 --> 00:38:20,390  
他是太阳伤寒  
  
903  
00:38:21,030 --> 00:38:25,160  
因为没紧，同时肩部头痛头痛  
  
904  
00:38:25,160 --> 00:38:26,600  
这不就送到家了吗  
  
905  
00:38:27,040 --> 00:38:28,040  
太阳之为病脉  
  
906  
00:38:28,040 --> 00:38:29,240  
浮头，向江东而无寒  
  
907  
00:38:29,320 --> 00:38:29,600  
对吧  
  
908  
00:38:29,600 --> 00:38:30,040  
完事  
  
909  
00:38:30,240 --> 00:38:32,040  
所以这个里面包含一个什么啊  
  
910  
00:38:32,040 --> 00:38:33,160  
包含一个太阳表证  
  
911  
00:38:33,970 --> 00:38:36,370  
所以说他是大青龙开表之变局  
  
912  
00:38:36,690 --> 00:38:41,480  
因此我们回过来看这个文蛤汤的汤正的含义  
  
913  
00:38:41,960 --> 00:38:43,320  
虽然经土厚  
  
914  
00:38:43,680 --> 00:38:47,040  
但是我们知道它在表有邪  
  
915  
00:38:48,500 --> 00:38:49,340  
与此同时呢  
  
916  
00:38:49,860 --> 00:38:53,540  
精气由于这种涌吐之作用涌吐  
  
917  
00:38:53,540 --> 00:38:56,690  
它本身气血趋于上位，对吧  
  
918  
00:38:57,010 --> 00:38:57,730  
趋于高位  
  
919  
00:38:58,090 --> 00:39:01,290  
那么其邪气驱表曲表之后  
  
920  
00:39:01,290 --> 00:39:03,510  
不能还邪  
  
921  
00:39:03,590 --> 00:39:05,470  
在表呢里头又空虚  
  
922  
00:39:05,910 --> 00:39:09,190  
所以说这个时候以大青龙去桂枝之助热  
  
923  
00:39:09,860 --> 00:39:11,300  
以散其在表之邪  
  
924  
00:39:11,780 --> 00:39:15,290  
然后以文革以形，以形补形啊  
  
925  
00:39:15,570 --> 00:39:16,810  
由表入里  
  
926  
00:39:16,970 --> 00:39:20,050  
由金生水的作用，纳气于肾  
  
927  
00:39:20,940 --> 00:39:21,820  
外散表邪  
  
928  
00:39:22,700 --> 00:39:23,980  
内纳肾气  
  
929  
00:39:24,520 --> 00:39:25,800  
那么就把问题解决了  
  
930  
00:39:26,120 --> 00:39:28,440  
所以这张方你可以说它是止渴的  
  
931  
00:39:28,880 --> 00:39:29,840  
但是反过来  
  
932  
00:39:30,160 --> 00:39:30,960  
我们也可以看  
  
933  
00:39:31,040 --> 00:39:36,330  
它是在外感疾病特殊阶段的一个特殊用法啊  
  
934  
00:39:36,690 --> 00:39:37,770  
那么在临床中呢  
  
935  
00:39:38,170 --> 00:39:38,370  
呃  
  
936  
00:39:38,610 --> 00:39:43,300  
你观察很多我们讲这个肿瘤患者  
  
937  
00:39:43,380 --> 00:39:47,180  
如果说他是有这种口渴不解  
  
938  
00:39:47,620 --> 00:39:52,010  
同时又兼仅迈的迹象啊  
  
939  
00:39:52,010 --> 00:39:53,770  
有这种代表抗邪的迹象  
  
940  
00:39:54,010 --> 00:39:56,730  
那么很多时候这这个方应用还是很好的啊  
  
941  
00:39:56,730 --> 00:39:59,890  
一击而遇，我们药房有这个海哥啊  
  
942  
00:40:00,180 --> 00:40:01,420  
那么这个药呢  
  
943  
00:40:01,420 --> 00:40:03,700  
实际上配合，因为葛类的嘛  
  
944  
00:40:03,700 --> 00:40:06,230  
它味咸咸则软坚啊  
  
945  
00:40:06,510 --> 00:40:08,670  
但凡有蛤类的，有牡蛎的  
  
946  
00:40:09,150 --> 00:40:12,520  
有这个这种这种海里壳类的  
  
947  
00:40:12,800 --> 00:40:15,120  
它都有一定软件的作用啊  
  
948  
00:40:15,120 --> 00:40:17,720  
这个大家也可以把它灵活的应用  
  
949  
00:40:17,720 --> 00:40:19,240  
不一定非得是治口渴  
  
950  
00:40:21,060 --> 00:40:25,380  
而且麻黄又能这个这个破针尖积聚对吧  
  
951  
00:40:25,380 --> 00:40:27,220  
他都都有这种相应的作用  
  
952  
00:40:29,540 --> 00:40:29,860  
好  
  
953  
00:40:30,940 --> 00:40:33,860  
我们接着往后看啊  
  
954  
00:40:35,180 --> 00:40:36,260  
接着往后看  
  
955  
00:40:46,280 --> 00:40:50,480  
下一个汤正啊，半夏干姜散  
  
956  
00:40:53,360 --> 00:40:55,880  
这张方呢，一看到他之后啊  
  
957  
00:40:57,010 --> 00:41:00,090  
在呕吐这一篇啊，我是有啥说啥  
  
958  
00:41:00,570 --> 00:41:03,050  
那么很多同仁可能会发现  
  
959  
00:41:03,410 --> 00:41:04,930  
你看到一组类方之后  
  
960  
00:41:05,500 --> 00:41:07,340  
会觉得有点视觉疲劳  
  
961  
00:41:07,380 --> 00:41:09,140  
哈哈，为啥呢  
  
962  
00:41:09,980 --> 00:41:10,260  
呃  
  
963  
00:41:11,620 --> 00:41:15,380  
就像是我当初啊，咱咱打一个比方  
  
964  
00:41:16,180 --> 00:41:17,300  
呃到了奈良  
  
965  
00:41:18,340 --> 00:41:18,580  
啊  
  
966  
00:41:18,780 --> 00:41:21,700  
看到了唐风的建筑之后，一开始  
  
967  
00:41:23,880 --> 00:41:25,960  
非常眼前一亮  
  
968  
00:41:27,580 --> 00:41:30,660  
后来看时间长了哪都是这个  
  
969  
00:41:30,660 --> 00:41:33,180  
你就感觉就也没啥啊  
  
970  
00:41:33,180 --> 00:41:34,700  
咱就说这个道理一样  
  
971  
00:41:35,080 --> 00:41:36,000  
你到呕吐这一篇  
  
972  
00:41:36,000 --> 00:41:39,790  
你会发现大量的半夏就是就是江夏组合的  
  
973  
00:41:39,790 --> 00:41:41,310  
用法特别多啊  
  
974  
00:41:41,310 --> 00:41:41,990  
不光是这  
  
975  
00:41:41,990 --> 00:41:46,990  
你包括我们之前啊讲所谓痰饮是不是小麦芽汤  
  
976  
00:41:46,990 --> 00:41:47,910  
小半夏加茯苓  
  
977  
00:41:47,910 --> 00:41:51,570  
是不是就这一组类方太多，多了之后啊  
  
978  
00:41:51,570 --> 00:41:53,490  
一定会让人产生一种懈怠  
  
979  
00:41:54,810 --> 00:41:55,930  
什么事都是啊  
  
980  
00:41:55,930 --> 00:41:57,970  
你就细琢磨，世界上的事  
  
981  
00:41:59,010 --> 00:42:01,690  
往往多了之后都会让你产生懈怠  
  
982  
00:42:02,140 --> 00:42:03,300  
所以导致一个问题  
  
983  
00:42:03,340 --> 00:42:04,140  
很多同仁  
  
984  
00:42:04,660 --> 00:42:07,940  
我们读这个半夏江夏类方的时候  
  
985  
00:42:08,450 --> 00:42:11,450  
说句实话就是就是容易陷入一个误区  
  
986  
00:42:11,730 --> 00:42:13,160  
不究竟啊  
  
987  
00:42:13,160 --> 00:42:14,680  
我就觉得半夏干姜  
  
988  
00:42:14,680 --> 00:42:16,280  
半夏生姜差哪了是不是啊  
  
989  
00:42:16,840 --> 00:42:21,620  
他在心里多少会有一点这种这种呃心理  
  
990  
00:42:22,260 --> 00:42:24,820  
但是在这儿呃，说句实话啊  
  
991  
00:42:25,300 --> 00:42:27,500  
你真的如果仔细的读了条文之后  
  
992  
00:42:27,500 --> 00:42:30,140  
你会发现你就看差一点吧  
  
993  
00:42:30,980 --> 00:42:31,740  
天壤之别  
  
994  
00:42:32,640 --> 00:42:34,080  
你千万别这么讲话  
  
995  
00:42:34,080 --> 00:42:36,360  
就是说在临床上你你看半夏生姜诶  
  
996  
00:42:36,360 --> 00:42:38,720  
那我那里房子里头有生姜对吧  
  
997  
00:42:39,120 --> 00:42:40,950  
你这么说，我觉得吧  
  
998  
00:42:41,230 --> 00:42:42,150  
也没毛病啊  
  
999  
00:42:42,150 --> 00:42:42,430  
对吧  
  
1000  
00:42:42,430 --> 00:42:44,630  
最后你一看方子里头生姜半夏都有  
  
1001  
00:42:45,060 --> 00:42:46,700  
但你不能说我这里头生姜  
  
1002  
00:42:46,940 --> 00:42:48,420  
那半夏生姜汤我都用了  
  
1003  
00:42:48,620 --> 00:42:52,000  
那么首先你自己用不用你自己心里清楚，是不是这回事  
  
1004  
00:42:52,120 --> 00:42:53,800  
那小柴胡里还有半夏生姜汤呢  
  
1005  
00:42:53,800 --> 00:42:54,680  
那你有用了吗  
  
1006  
00:42:54,980 --> 00:42:55,300  
对吧  
  
1007  
00:42:55,540 --> 00:42:57,780  
它每张房我们即使不那么用  
  
1008  
00:42:57,780 --> 00:43:01,180  
我们在读的时候大家要把它读到位啊  
  
1009  
00:43:01,350 --> 00:43:03,750  
所以这里头半夏干姜散，它到底讲了什么  
  
1010  
00:43:04,550 --> 00:43:05,430  
我们从头捋啊  
  
1011  
00:43:05,750 --> 00:43:06,590  
这很有意思  
  
1012  
00:43:07,470 --> 00:43:12,050  
他说了一个问题，叫干呕吐逆吐涎沫  
  
1013  
00:43:13,170 --> 00:43:13,370  
呃  
  
1014  
00:43:13,650 --> 00:43:17,490  
这一篇里呢，肯定都是得有呕吐的症状  
  
1015  
00:43:18,870 --> 00:43:21,750  
当然了，呕吐月实际上都不一样啊  
  
1016  
00:43:21,750 --> 00:43:23,750  
下堂课的时候我给大家细抠啊  
  
1017  
00:43:23,990 --> 00:43:25,850  
细抠，这先不赘述  
  
1018  
00:43:26,250 --> 00:43:29,170  
那么这个所谓干呕吐逆，它里头呢  
  
1019  
00:43:29,690 --> 00:43:32,090  
呕和吐，这个没有特殊的  
  
1020  
00:43:32,330 --> 00:43:35,410  
但是大家看一下这里头有一个特殊的事  
  
1021  
00:43:36,690 --> 00:43:37,370  
哎，对了  
  
1022  
00:43:38,960 --> 00:43:41,000  
其实每个糖正都不一样  
  
1023  
00:43:42,240 --> 00:43:42,600  
对吧  
  
1024  
00:43:42,960 --> 00:43:47,160  
你细发现的时候每一个唐正都不一样  
  
1025  
00:43:51,500 --> 00:43:54,740  
半夏干姜散  
  
1026  
00:43:58,060 --> 00:44:00,180  
它这个里头出现了一个现象  
  
1027  
00:44:06,040 --> 00:44:06,800  
吐涎沫  
  
1028  
00:44:08,440 --> 00:44:09,560  
吐涎沫啊  
  
1029  
00:44:10,750 --> 00:44:13,190  
那么这个里头就涉及了一个问题  
  
1030  
00:44:14,330 --> 00:44:16,210  
我们说唾液啊  
  
1031  
00:44:16,450 --> 00:44:18,930  
西方包括现代医学，我们就讲唾液  
  
1032  
00:44:19,540 --> 00:44:20,980  
但中医可不是这么说的  
  
1033  
00:44:21,580 --> 00:44:23,380  
中医认为这里头它不一样  
  
1034  
00:44:26,740 --> 00:44:29,220  
弦和拓是吧  
  
1035  
00:44:30,370 --> 00:44:31,210  
两回事啊  
  
1036  
00:44:31,850 --> 00:44:33,770  
真的是两回事，呃  
  
1037  
00:44:34,670 --> 00:44:35,790  
宣明五气啊  
  
1038  
00:44:36,830 --> 00:44:38,750  
素问宣明武器中间有一句话  
  
1039  
00:44:39,710 --> 00:44:41,950  
五脏化液，心为汗  
  
1040  
00:44:43,150 --> 00:44:43,790  
肺为涕  
  
1041  
00:44:44,910 --> 00:44:45,670  
肝为泪  
  
1042  
00:44:46,760 --> 00:44:47,360  
脾为涎  
  
1043  
00:44:47,520 --> 00:44:48,040  
肾为唾  
  
1044  
00:44:48,200 --> 00:44:49,080  
是谓五液  
  
1045  
00:44:50,200 --> 00:44:50,680  
这个呢  
  
1046  
00:44:51,600 --> 00:44:53,920  
我们说每个都不一样  
  
1047  
00:44:55,060 --> 00:44:56,420  
伤寒论里有一条啊  
  
1048  
00:44:56,740 --> 00:44:58,340  
这个所谓喜拓久不聊  
  
1049  
00:44:58,340 --> 00:45:02,420  
聊者用力重呕，那个就跟他是两回事  
  
1050  
00:45:02,420 --> 00:45:03,140  
那是，那是  
  
1051  
00:45:04,050 --> 00:45:08,970  
甚则委托咱们说弦垂涎三尺，对吧  
  
1052  
00:45:09,130 --> 00:45:10,330  
那是因为你馋了  
  
1053  
00:45:10,810 --> 00:45:14,170  
馋了之后脾呢，分泌这个对吧  
  
1054  
00:45:14,450 --> 00:45:15,490  
我们叫唾液嘛  
  
1055  
00:45:15,490 --> 00:45:17,530  
实际上它准确的说分泌的是咸  
  
1056  
00:45:18,600 --> 00:45:21,360  
而不是说我们讲叫垂拓三尺  
  
1057  
00:45:21,520 --> 00:45:23,160  
那那就两回事了啊  
  
1058  
00:45:23,620 --> 00:45:25,100  
那两回事，那老年痴呆了  
  
1059  
00:45:25,100 --> 00:45:26,740  
我们是垂托30，呃  
  
1060  
00:45:26,740 --> 00:45:27,540  
那肾对吧  
  
1061  
00:45:27,540 --> 00:45:28,340  
肾精外流嘛  
  
1062  
00:45:28,340 --> 00:45:28,900  
我们讲啊  
  
1063  
00:45:29,940 --> 00:45:31,620  
这个这个这个唾，他主肾  
  
1064  
00:45:31,780 --> 00:45:32,780  
肾为脑液啊  
  
1065  
00:45:32,780 --> 00:45:34,660  
这半开玩笑也没开玩笑  
  
1066  
00:45:35,100 --> 00:45:37,060  
那么那么这这这这个海默症了  
  
1067  
00:45:37,060 --> 00:45:41,020  
咱们讲咸弦，这个他肯定是啥呀  
  
1068  
00:45:42,010 --> 00:45:43,010  
是一个从P来的  
  
1069  
00:45:43,610 --> 00:45:44,450  
那么这个里头呢  
  
1070  
00:45:44,450 --> 00:45:48,450  
所以说呃，历代医家对他多有阐述  
  
1071  
00:45:49,590 --> 00:45:50,430  
我个人认为啊  
  
1072  
00:45:50,470 --> 00:45:55,150  
其中比较精道者清代有一位医家叫魏立同啊  
  
1073  
00:45:55,150 --> 00:45:55,910  
大家应该知道  
  
1074  
00:45:55,910 --> 00:45:58,620  
金匮要略本意，这位医家啊  
  
1075  
00:45:58,860 --> 00:45:59,620  
推荐给大家  
  
1076  
00:46:00,020 --> 00:46:05,290  
那么他在这儿说的这句话比较总结的比较短小精悍啊  
  
1077  
00:46:05,290 --> 00:46:07,210  
说为啥出现半夏干姜散症  
  
1078  
00:46:07,690 --> 00:46:08,650  
他总结了几个字  
  
1079  
00:46:09,610 --> 00:46:10,490  
胃中虚寒  
  
1080  
00:46:11,250 --> 00:46:15,150  
津液变为弦墨啊  
  
1081  
00:46:15,510 --> 00:46:16,390  
就这么几个字  
  
1082  
00:46:19,340 --> 00:46:21,260  
魏忠其实就这四个字  
  
1083  
00:46:22,300 --> 00:46:25,740  
魏中驱寒这四个字是原因对吧  
  
1084  
00:46:26,380 --> 00:46:31,020  
造成一个问题造成的现象，津液  
  
1085  
00:46:36,320 --> 00:46:36,840  
弦墨  
  
1086  
00:46:37,930 --> 00:46:42,290  
它的根源还是在这呢  
  
1087  
00:46:43,090 --> 00:46:44,170  
胃中虚寒啊  
  
1088  
00:46:44,210 --> 00:46:45,010  
胃中虚寒  
  
1089  
00:46:46,720 --> 00:46:50,120  
因此说呢，用江夏的组合  
  
1090  
00:46:52,120 --> 00:46:53,720  
但在这有所区别啊  
  
1091  
00:46:54,200 --> 00:46:56,360  
你看为啥咱们没用小半夏糖  
  
1092  
00:46:57,450 --> 00:46:59,370  
那你说小麦芽糖里也有姜啊  
  
1093  
00:46:59,730 --> 00:47:00,530  
咱们讲这个道理  
  
1094  
00:47:00,530 --> 00:47:02,010  
他只是他用的是生姜  
  
1095  
00:47:02,330 --> 00:47:03,690  
咱们这用的是干姜啊  
  
1096  
00:47:04,220 --> 00:47:06,300  
就差一个原因，非常简单  
  
1097  
00:47:07,140 --> 00:47:07,820  
生姜啊  
  
1098  
00:47:08,100 --> 00:47:09,060  
其性活泼  
  
1099  
00:47:09,990 --> 00:47:12,790  
喜洞用卫立同他后头又说一句话啊  
  
1100  
00:47:12,790 --> 00:47:13,430  
叫什么呢  
  
1101  
00:47:13,790 --> 00:47:16,230  
叫生姜性渐上而发月  
  
1102  
00:47:16,230 --> 00:47:17,430  
就是见月的意思啊  
  
1103  
00:47:17,690 --> 00:47:18,690  
见善而发月  
  
1104  
00:47:19,130 --> 00:47:22,870  
不如干将心温专攻理中有道理  
  
1105  
00:47:22,870 --> 00:47:24,390  
我们讲干姜守而不走  
  
1106  
00:47:24,630 --> 00:47:26,910  
那你既然是中焦脾的事  
  
1107  
00:47:27,310 --> 00:47:28,950  
咱现在一走还是一手呢  
  
1108  
00:47:28,950 --> 00:47:30,750  
当然要手重哦  
  
1109  
00:47:30,750 --> 00:47:31,230  
我们讲啊  
  
1110  
00:47:31,230 --> 00:47:34,990  
手中所以这块用的是半夏干姜散  
  
1111  
00:47:35,870 --> 00:47:39,670  
呃，所以这种组合在伤寒金匮的系统之中  
  
1112  
00:47:40,320 --> 00:47:41,440  
你会多次看到  
  
1113  
00:47:41,760 --> 00:47:43,920  
比如我们著名的三泻心汤  
  
1114  
00:47:44,840 --> 00:47:46,200  
都有半夏干姜散  
  
1115  
00:47:47,180 --> 00:47:49,580  
但是他又不是半夏干姜散  
  
1116  
00:47:49,860 --> 00:47:51,740  
为什么中间差一事啊  
  
1117  
00:47:51,740 --> 00:47:52,260  
差什么事  
  
1118  
00:47:52,260 --> 00:47:53,260  
我们接着往后看啊  
  
1119  
00:47:54,030 --> 00:47:54,990  
哎，对了  
  
1120  
00:47:55,070 --> 00:47:56,030  
后头差一个事  
  
1121  
00:47:57,250 --> 00:48:01,010  
半夏干姜散上二位处为散取方寸壁  
  
1122  
00:48:01,370 --> 00:48:02,610  
那么这是它的用法啊  
  
1123  
00:48:02,610 --> 00:48:04,810  
是以散服然后没完  
  
1124  
00:48:06,230 --> 00:48:07,870  
有药引子啊，用什么呢  
  
1125  
00:48:08,470 --> 00:48:12,270  
姜水一升半煮取七个炖服之  
  
1126  
00:48:12,270 --> 00:48:12,750  
你看啊  
  
1127  
00:48:13,230 --> 00:48:16,940  
他这出现了一个重要的辅料  
  
1128  
00:48:19,440 --> 00:48:21,460  
江水啊  
  
1129  
00:48:21,780 --> 00:48:25,660  
伤寒论之中用过姜水大家还记得吧  
  
1130  
00:48:26,380 --> 00:48:29,740  
在差后劳复病脉证之中  
  
1131  
00:48:30,720 --> 00:48:32,200  
有一张之子  
  
1132  
00:48:33,680 --> 00:48:34,840  
只识之子池塘  
  
1133  
00:48:35,920 --> 00:48:38,200  
它就是以清江水建筑  
  
1134  
00:48:38,960 --> 00:48:40,840  
呃，啥是清江水呢  
  
1135  
00:48:40,840 --> 00:48:42,490  
简单说一下啊  
  
1136  
00:48:42,490 --> 00:48:43,650  
我们简单回顾一下  
  
1137  
00:48:44,210 --> 00:48:48,690  
那么清江水其实就是藕酸了的干水  
  
1138  
00:48:49,410 --> 00:48:51,970  
我们今天说泔水吧，说的很宽泛啊  
  
1139  
00:48:52,010 --> 00:48:55,850  
古人汉代人说的干水就是淘米水  
  
1140  
00:48:56,350 --> 00:48:57,670  
我这么一说大家就明白了  
  
1141  
00:48:57,990 --> 00:49:00,870  
呃，那么现在有一种饮食呢  
  
1142  
00:49:01,510 --> 00:49:03,070  
有一种那个那个美食啊  
  
1143  
00:49:03,820 --> 00:49:04,940  
跟它比较接近  
  
1144  
00:49:04,940 --> 00:49:07,910  
就北京的那个豆汁儿豆汁  
  
1145  
00:49:07,910 --> 00:49:10,390  
很多人一喝了之后不习惯，觉得是泔水味  
  
1146  
00:49:10,790 --> 00:49:12,830  
其实它就是干水啊  
  
1147  
00:49:12,910 --> 00:49:16,920  
但是它是用绿豆发酵  
  
1148  
00:49:16,920 --> 00:49:19,400  
你看我一说，所有中医的老师都知道了  
  
1149  
00:49:19,400 --> 00:49:19,680  
对吧  
  
1150  
00:49:20,000 --> 00:49:22,800  
那因为我们中医知道绿豆它本身啊  
  
1151  
00:49:23,080 --> 00:49:25,990  
善解毒性，清凉啊  
  
1152  
00:49:26,190 --> 00:49:28,550  
其性润专门能去暑  
  
1153  
00:49:29,190 --> 00:49:30,710  
那你用这个东西发酵  
  
1154  
00:49:30,790 --> 00:49:32,790  
其实我们说说白了  
  
1155  
00:49:32,790 --> 00:49:36,380  
这不就是相当于一种一种益生菌嘛  
  
1156  
00:49:36,380 --> 00:49:36,980  
对吧  
  
1157  
00:49:37,140 --> 00:49:38,540  
从我们现代医学角度  
  
1158  
00:49:38,740 --> 00:49:39,660  
它属于一种益生菌  
  
1159  
00:49:40,060 --> 00:49:44,900  
那这个东西肯定它对改善胃肠道菌群它有作用啊  
  
1160  
00:49:44,900 --> 00:49:46,300  
我们从现代医学上来讲啊  
  
1161  
00:49:46,700 --> 00:49:49,300  
用古人的说法，他呕酸了之后呢  
  
1162  
00:49:49,300 --> 00:49:51,180  
实际上酸味则入甘  
  
1163  
00:49:51,590 --> 00:49:52,910  
能够疏泄脾土  
  
1164  
00:49:53,420 --> 00:49:56,660  
跟刚才我们讲那个拿那个白蜜和水对吧  
  
1165  
00:49:56,660 --> 00:49:59,420  
然后240遍他说的是一模一样的道理  
  
1166  
00:49:59,900 --> 00:50:01,260  
因此这个用法呢  
  
1167  
00:50:02,190 --> 00:50:06,710  
用了之后，相对来说它就具备了所谓调中止呕的作用  
  
1168  
00:50:07,070 --> 00:50:10,670  
而且与此同时啊，干姜它是比较热的对不对啊  
  
1169  
00:50:10,910 --> 00:50:13,070  
它又能平衡干姜的热  
  
1170  
00:50:13,670 --> 00:50:17,770  
防止相火妄动，再次的造成呕逆  
  
1171  
00:50:18,210 --> 00:50:19,490  
因为现在是不是致呕啊  
  
1172  
00:50:20,010 --> 00:50:22,050  
所以半夏干姜散呢  
  
1173  
00:50:22,050 --> 00:50:24,590  
我说如果离了江水  
  
1174  
00:50:25,070 --> 00:50:28,630  
它就不足以称之为半夏干姜散啊  
  
1175  
00:50:28,670 --> 00:50:29,350  
就是这么一个作用  
  
1176  
00:50:29,350 --> 00:50:31,430  
它用米米本身入中焦啊  
  
1177  
00:50:31,750 --> 00:50:33,470  
它去掉了它跟那个绿豆  
  
1178  
00:50:33,550 --> 00:50:35,390  
那个咱们做那个豆汁儿啊  
  
1179  
00:50:35,390 --> 00:50:36,470  
它还是有所区别  
  
1180  
00:50:36,630 --> 00:50:38,070  
但是道理相似啊  
  
1181  
00:50:38,630 --> 00:50:40,550  
我说所以说说泔水  
  
1182  
00:50:40,630 --> 00:50:42,310  
说喝泔水，现在没有人能懂  
  
1183  
00:50:42,840 --> 00:50:44,440  
但是说喝豆汁儿大家都懂  
  
1184  
00:50:44,800 --> 00:50:47,200  
所以论文化的重要性啊  
  
1185  
00:50:47,200 --> 00:50:49,660  
就是我们有的时候也挺可悲  
  
1186  
00:50:49,660 --> 00:50:52,220  
就是经常在网上我们有人攻击中医啊  
  
1187  
00:50:52,220 --> 00:50:53,940  
说你看啥玩意都拿去当药用  
  
1188  
00:50:54,300 --> 00:50:58,330  
这玩意多脏，其实在自然界的运转规则之中  
  
1189  
00:50:58,330 --> 00:50:59,770  
没有脏和干净  
  
1190  
00:51:01,000 --> 00:51:04,320  
只有相对的正确或不正确  
  
1191  
00:51:04,640 --> 00:51:07,400  
我们讲真的是需要你用的时候  
  
1192  
00:51:08,140 --> 00:51:10,020  
砒霜也是救命的  
  
1193  
00:51:10,340 --> 00:51:12,340  
救命的金精玉液是吗  
  
1194  
00:51:13,020 --> 00:51:16,840  
你不需要的时候，你人参也是杀人的毒药  
  
1195  
00:51:17,480 --> 00:51:18,760  
没有所谓好和不好  
  
1196  
00:51:18,760 --> 00:51:21,120  
只有相对的，阴阳永远是这样的  
  
1197  
00:51:22,760 --> 00:51:22,960  
额  
  
1198  
00:51:23,000 --> 00:51:27,120  
那么后世肘后方之中呢，也对江水有描述  
  
1199  
00:51:27,520 --> 00:51:31,200  
认为能治越矮不止就治，治恶心啊  
  
1200  
00:51:31,200 --> 00:51:33,000  
那么喝一点那个那个干水  
  
1201  
00:51:33,520 --> 00:51:34,720  
呃，把它放酸了  
  
1202  
00:51:35,240 --> 00:51:35,920  
喝了之后，哎  
  
1203  
00:51:36,000 --> 00:51:37,320  
有这个助消化的作用  
  
1204  
00:51:37,530 --> 00:51:38,450  
呃，圣惠方呢  
  
1205  
00:51:38,450 --> 00:51:41,490  
太平圣惠方，他讲了这个姜水能够治痰饮  
  
1206  
00:51:41,810 --> 00:51:42,490  
能治气满  
  
1207  
00:51:42,930 --> 00:51:44,250  
能治呕逆，不思食  
  
1208  
00:51:44,290 --> 00:51:46,090  
有健胃消食的作用  
  
1209  
00:51:46,380 --> 00:51:47,660  
所以从某个角度呢  
  
1210  
00:51:48,100 --> 00:51:52,940  
你看我们那个朝鲜呃族延边对吧  
  
1211  
00:51:53,140 --> 00:51:57,290  
咱们有那个米酒，它本身其实我说句实话啊  
  
1212  
00:51:57,690 --> 00:52:00,210  
米酒跟江水其实一线之隔  
  
1213  
00:52:00,910 --> 00:52:02,470  
你酿不好就酿坏了  
  
1214  
00:52:02,470 --> 00:52:03,430  
咱们讲这个道理吧  
  
1215  
00:52:03,750 --> 00:52:05,310  
但是朝鲜的米酒  
  
1216  
00:52:05,630 --> 00:52:06,870  
呃，我是很喜欢的啊  
  
1217  
00:52:07,190 --> 00:52:09,390  
那么本身每次我到延边的时候  
  
1218  
00:52:09,670 --> 00:52:12,070  
那么无论吃什么，必然要把米酒配上  
  
1219  
00:52:12,070 --> 00:52:13,550  
咱们拿那个小小小铜碗  
  
1220  
00:52:13,590 --> 00:52:18,050  
是不是你你你喝完这米酒之后他就有助消化啊  
  
1221  
00:52:18,130 --> 00:52:19,250  
那我们说这个东西  
  
1222  
00:52:19,530 --> 00:52:24,370  
实际上呃源于古代中原地区的文化啊  
  
1223  
00:52:24,730 --> 00:52:26,810  
被这个朝鲜族  
  
1224  
00:52:26,930 --> 00:52:31,010  
那么包括这个朝韩予以保留啊  
  
1225  
00:52:31,370 --> 00:52:32,130  
予以保留  
  
1226  
00:52:32,570 --> 00:52:36,930  
呃，那么这个本身在汉代的时候都是相通的啊  
  
1227  
00:52:38,120 --> 00:52:40,640  
那么这一段呢  
  
1228  
00:52:40,640 --> 00:52:44,200  
就是我们这个呃半夏干姜散后面内容啊  
  
1229  
00:52:44,200 --> 00:52:45,920  
我们不多说  
  
1230  
00:52:46,080 --> 00:52:48,520  
放在下节课，呃  
  
1231  
00:52:48,520 --> 00:52:49,560  
放在下节课数  
  
1232  
00:52:50,890 --> 00:52:54,450  
呃，那么这个就是整个这个欧逆这一部分啊  
  
1233  
00:52:54,570 --> 00:52:56,890  
好，我们这堂课先到这下课吧